Vancouver metro
Your essential daily news | WEEKEND, JULY 10-12, 2015

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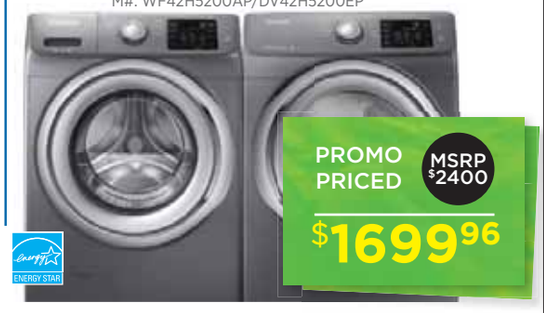

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Vancouver metro

GAME'S ON!

De Grasse and others to watch at Pan Am

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High 23°C/Low 16°C Cloudy

BROWN IS THE NEW GREEN

Water restrictions have some Vancouverites drought shaming, tattling on neighbours with green lawns.

Coverage in metroNEWS

EMILY JACKSON/METRO

Mall madness at outlet opening

MCARTHURGLEN

Heavy traffic on airport roads as thousands got their shop on

Thandi Fletcher
Metro | Vancouver

Thousands of eager shoppers flocked to the opening of the McArthurGlen Designer Outlet mall near the Vancouver International Airport on Thursday, causing crowded trains for Canada Line commuters and traffic headaches for anyone trying to get to YVR by car.

Robert Thurlow, general manager of McArthurGlen Designer Outlet, said the outdoor mall located on Sea Island saw more than double the visitors that were anticipated on opening day.

"This is probably heading towards one of the most successful openings we've ever had from a numbers point of view," he told Metro. "We had people starting to line up at 8 a.m. already even though we didn't open our doors until 10."

Thousands took in the opening of the McArthurGlen Designer Outlet mall near the airport on Thursday. CONTRIBUTED

About 50 shops opened on Thursday, with more expected in the coming months at the 240,000-square-foot outdoor mall, which will expand to about 400,000 square feet by 2017.

Thurlow pegged the success on a combination of factors, including a low Canadian dollar and a "pent up demand" for designer outlet malls in Vancouver.

He said he expects many who may have previously travelled to the U.S. to shop to now stay in Vancouver instead.

"Your dollar just doesn't go as far," he said. "If you think about crossing the border and all of a sudden there's a 30 per cent price differential just on your dollar, any potential savings that you've already seen has already been eaten up."

While the highly anticipated opening resulted in heavy traffic delays on airport roads at times, Thurlow said police helped to keep traffic flowing later on.

Steve Hankinson, VP of operations and information technology for Vancouver Airport, urged drivers to allow themselves extra time to get to the airport over the weekend.

"If you're flying, we strongly recommend the Canada Line as the preferred option," he said. "If you're coming to shop at the mall, we ask that you obey the traffic management team and the instructions that they're giving to motorists coming to the mall."

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metro NEWS

Your essential daily news

Controversial flag loses its battle. **World**

‘We have hope,’ brother of missing diver says

SEARCH

Family starts petition after coast guard vessel, military called off

Thandi Fletcher
Metro | Vancouver

The brother of a 27-year-old British army veteran who vanished during a recreational dive in waters off Victoria last week says his family is hopeful his sibling will be found alive.

Timothy Chu, an experienced open water diver, went missing before noon Sunday while diving in the waters near Race Rock, southwest of Victoria. He was reportedly last seen removing his weight belt to become more buoyant when a strong undertow swept him away and separated him from other divers.

A search by military aircraft and coast guard vessels was called off Monday but younger brother Daniel Chu said his family hopes the search will resume soon.

“They couldn’t find anything,” he told Metro on the phone from London. “They really didn’t give us any clear indication whether he would be still alive. That was quite tough.”

Twenty-seven-year-old British army veteran Timothy Chu went missing during a recreational dive in waters off Victoria last weekend. CONTRIBUTED

An online petition launched by the family calling for the search to continue has already gathered nearly 9,000 signatures, and dozens of volunteers have offered to help keep looking.

> **They really didn’t give us any clear indication whether he would be still alive. That was quite tough.** Brother Daniel Chu

Daniel said the Search and Rescue Society of BC resumed a shoreline search Thursday but gale warnings and high waves prevented the use of underwater sonar.

Describing Chu as “skilled in survival” and “no stranger to challenge,” Daniel said his brother was serving as a Metropolitan Police special constable in London and was about to begin training as a lawyer.

In 2011, he was honoured as Soldier of the Year by a guild in London.

“He liked to explore,” he said. “He liked to challenge himself in many different things that he did.”

The family is offering a $2,000 “symbolic gift” to anyone who can provide substantial information leading to the successful recovery of Chu, “dead or alive.”

“There are so many people who are willing to help us out,” he said. “We want to express our gratitude to them for helping us in our time of need. We can’t say how grateful we are to them.”

He said his family hopes the search continues soon and yields some clues as to what may have happened to his brother.

“It is a shock for us all,” he said. “But we have hope.”

EMERGENCY

Wildfires burning money

Matt Kieltyka
Metro | Vancouver

A single day of fighting wildfires in British Columbia costs millions of dollars.

Kevin Skrepnek, the province’s chief fire information officer, told media that the one-day cost for fighting the more than 200 wildfires on Wednesday was $3.2 million.

The province has spent more than $90 million already this summer in what has been the earliest and fiercest start of a fire season in recent memory.

To date, there have been 949 wildfires reported throughout B.C. this summer.

There were 439 in the same period last year and the 10-year average is 542.

Nineteen new fires were reported on Wednesday, and Skrepnek said approximately 20 to 30 new fires are expected to flare up each day until conditions throughout the province improve.

Like many, he hopes that the coming shift in weather patterns — bringing with it cooler temperatures off the ocean and the chance of showers on Sunday — can help crews fight some of the fires.

“We are seeing some relief on the horizon so we look forward to that,” he said.

“(Until then), we are still expecting multiple starts per day.”

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As water reservoirs dip, drought shaming rises

INFRASTRUCTURE

Vancouverites tattling on neighbours with green lawns

Emily Jackson
Metro | Vancouver

Brown is the new green for Vancouverites who don't want to be shamed online or tattled on by their neighbours for their pristine-looking lawns.

The City of Vancouver has been flooded with calls from residents accusing their neighbours of ignoring Metro Vancouver's Stage 2 water restrictions, the city's acting director of engineering Jerry Dobrovolny told reporters at a news conference on the browning lawn at city hall on Thursday.

The restrictions, which went into place on Friday, only permit homeowners to water lawns once weekly between 4 and 9 a.m. (Thursdays for odd-numbered homes and Mondays for even numbers.)

The city had issued 755 warnings and five $250 tickets to seemingly generous lawn-waterers as of Wednesday night, Dobrovolny said, but the number of warnings jumped drastically on Thursday.

> **We don't support shaming, period. Our goal is compliance.**
> Jerry Dobrovolny, acting director of engineering

"Our phones are starting to ring off the hooks now," he said. "If you think you're going to get away with it, you're not."

Dobrovolny encourages neighbours to talk to each other before reporting them to the city in an effort to maintain healthy community relationships. He does not, however, encourage people to call each other out online under the increasingly popular #droughtshaming hashtag adopted from bone-dry California. (People are starting to call each other #grasshole.)

"We don't support shaming, period. Our goal is compliance and our strategy to get there is information," he said.

The water restrictions also apply to city institutions such as parks and schools, but they are slightly different than those that apply to residents. The city is turning off fountains that don't recirculate water. If residents believe the city is being fast and loose with its water use, they are encouraged to report it to 311.

Dobrovolny would not speculate on whether Metro Vancouver would up the restrictions to a total ban on lawn watering.

Water reservoirs are already down to 75 per cent, levels not usually seen until August, after record-breaking heat and little rainfall in May and June.

At the same time, Metro Vancouver says water use is up to 1.6 billion litres per day — higher than the amount used on any single day in 2014.

Brown patches are spreading on the lawn in front of Vancouver's city hall. EMILY JACKSON/METRO

ENVIRONMENT

Global seabird populations in free fall: Researcher

Matt Kieltyka
Metro | Vancouver

Global seabird populations have dropped 70 per cent since the 1950s, according to UBC researchers.

As part of the Sea Around Us project, four researchers have spent the better part of a decade compiling databases from around the world tracking hundreds of seabird populations since the '50s, representing 19 per cent of the total seabird population in the world.

What they found is that overfishing, bird entanglement and other, mostly human-caused, environmental factors have conspired to decimate those populations by 69.6 per cent, equivalent to the loss of about 230 million birds.

Researcher Michelle Paleczny said those shocking numbers are representative of population declines in seabirds overall and of the general deteriorating health of marine ecosystems.

"Seabirds are a good indicator because they cover such large areas but they return to land to breed," said Paleczny. "So what they're able to do is monitor for us and come back and report (by tracking pollution change)."

Paleczny said the decline of specific seabird populations can be directly correlated with declining fish stocks due to overfishing, while hundreds of thousands of birds are also killed annually by getting caught in fishnets.

Pollution and the destruction of habitats are also causes for concern.

"It tells us we need to do more to redouble our efforts to reduce the risk to seabirds," said Paleczny.

The study is the first of its kind to estimate the overall change in the world's seabird population.

Seabirds fly near a plane in Juanchaco on Colombia's Pacific coast in July 2009. THE CANADIAN PRESS

Dr. Jessica Dunkley CONTRIBUTED

DISCRIMINATION

Deaf Métis doc wins lawsuit

A woman believed to be Canada's first deaf Métis doctor has won her discrimination case against the University of B.C. and St. Paul's Hospital for failing to provide sign language interpreters during her medical residency.

Jessica Dunkley had graduated from medical school at the University of Ottawa in May 2010, when she received an Extraordinary Women award.

Dunkley, who grew up in Vancouver, has deaf parents and has been deaf since birth. She was accepted into the medical residency program at UBC and planned to do a dermatology residency at St. Paul's Hospital in July 2010.

But when Dunkley was told her disability could not be accommodated with American Sign Language interpreters, her residency was cancelled.

Dunkley, who reads lips, filed a B.C. Human Rights complaint, saying she felt "dehumanized," especially since she had received the assistance of sign language interpreters while completing her Bachelor of Science degree at UBC and then her medical degree at the University of Ottawa.

The estimated cost of providing interpreters for her medical residency at St. Paul's was roughly $500,000 a year for five years.

"Dr. Dunkley testified that she was heartbroken with the knowledge that since she was not allowed to continue with her residency, her father (who had cancer) would probably not live to see his daughter work as a doctor," B.C. Human Rights Tribunal member Marlene Tyshynski said in a recent ruling.

Dunkley said she became depressed after she was told that she could not continue with her residency program.

"I find that the discrimination had a profound impact on Dr. Dunkley, a person with so much to contribute on the brink of her professional career," Tyshynski said. "I do not hesitate to award Dr. Dunkley $35,000 for the injury to her dignity, feelings and sense of self-respect."

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PLANE CRASH

Smoke visibility forecast worried pilot

The pilot of the plane that crashed Tuesday on Highway 97 near Osoyoos, B.C., almost didn't take to the skies because of forest fire smoke across the southern part of the province.

Surrey resident Todd Lewendon, 46, was flying solo en route to Boundary Bay Airport in Delta when his Beechcraft Bonanza A36 lost power shortly after takeoff from the Oliver Municipal Airport around 5 p.m.

He was able to free himself from the wreckage, but suffered serious burns and was airlifted to hospital in Vancouver.

"He called me (Tuesday) to see if he could leave the airplane here because the weather (report) he got in the morning was pretty grim in terms of smoke and visibility and whatnot, but obviously it had cleared up," said Oliver airport manager Paul Dumoret.

Lewendon owns an auto parts business at the Boundary Bay Airport, where his plane is hangared. Prior to the ill-fated flight, he had been at his family's vacation home near Osoyoos.

"He was a pretty competent pilot, from what I understand," said Dumoret.

Investigators from the Transportation Safety Board were en route to Osoyoos to inspect the wreckage.

"We'll assess it to see if there's anything obvious that could have caused an engine power loss and examine it to see what might have sparked the post-crash fire," said TSB spokesman Bill Yearwood.

"The temperature shouldn't cause the engine to stop," said Yearwood, ruling out the 36 C heat in Osoyoos on Tuesday as a possible contributing factor.

Lewendon was in critical condition at a Vancouver hospital burn unit on Wednesday.

THE CANADIAN PRESS

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The contents of a ruptured tailings pond runs down Hazeltine Creek into Quesnel Lake near Likely, B.C., in this file photo taken Aug. 5, 2014. JONATHAN HAYWARD/THE CANADIAN PRESS

Spill mine to reopen

MOUNT POLLEY

Province gives conditional OK to restart production

The province has granted conditional approval for the Mount Polley mine to reopen immediately, but its long-term operation depends on how water is treated and discharged.

Mines Minister Bill Bennett said Thursday the initial permit outlines the first of three steps the mine must take before it can be authorized to resume full operation.

The tailings dam at the central B.C. mine breached last August, and 24 million cubic metres of mine waste and water gushed into area lakes and waterways in what was considered an environmental disaster.

An independent government-ordered report concluded the spill was caused by poor dam design, which didn't account for drainage and erosion failures beneath the pond.

Bennett said the current permit will be welcome news to out-of-work miners and their families in the communities of Likely, 100 Mile House and Williams Lake, but future operations hinge on the company proving it can meet conditions of the Mines Act and the Environmental Management Act.

"The permit does not include the right to discharge water off the site," he said.

Bennett said the Imperial Metals Corp. mine must now put their tailings and water into Springer pit, which he described as an empty quarry that should be able to hold the mine's tailings until next fall when the company must apply for its second conditional permit, to treat and discharge water.

Bennett said the mine must receive that permit in order to continue operating.

Imperial Metals Corp. estimates it will take about a month before it can start production.

THE CANADIAN PRESS

IN BRIEF

Teen sentenced for 'swatting' offences

A B.C. teen has been sentenced to 16 months jail for online pranks that caused mayhem as far away as Ontario, California and Florida. The 17-year-old has pleaded guilty to 23 charges, including criminal harassment, extortion and public mischief. He was also sentenced to eight months' supervision but with time served, he could be out of jail by early next year. The teen was charged in several 'swatting' incidents, in which a hacker seizes computer addresses to fake an emergency — and a SWAT team or police respond.

THE CANADIAN PRESS

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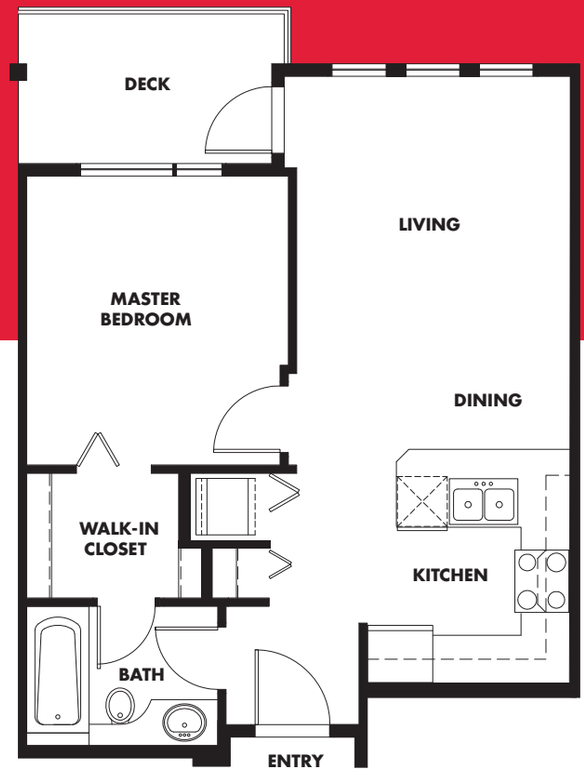

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Drop-in centre faces new opposition to tower plan

COMMERCIAL DRIVE

Coalition believes government should fund it

Emily Jackson
Metro | Vancouver

Some East Van residents aren't willing to budge on their opposition to a tower on Commercial Drive even though it would result in a badly-needed new home for a nearly 40-year-old drop-in centre.

The Kettle Society, which provides services for people with mental illness and has outgrown its home, is facing renewed opposition to its partnership with Boffo Developments for a project with a 15-storey tower, 150 condo units, 30 social housing units and space for the Kettle at Commercial and Venables.

In the past few weeks, the No Tower Coalition has collected more than 800 signatures on two petitions against the proposal — a project so controversial that not even the Grandview-Woodland Citizens' Assembly would take sides after an unprecedented consultation process.

At issue is trading density for social services in a neighbourhood opposed to towers but home to many people who need support.

The coalition is adamant in its support for the Kettle, but it believes government, not a developer, should fund the project, concerned Grandview-Woodland resident Barbara Cameron said on Thursday.

"We support the Kettle's work, we want to make that clear. What we don't support is a tower in order for them to achieve what they need to deliver services to the community," Cameron said.

"We think it's completely inappropriate for Commercial Drive to have such a dense, high building on that corner," she said. "It's out of context and a very bad precedent."

Advocacy for more provincial funding for supportive housing at the city level and by communities is the way forward, she said. The coalition is calling on the Kettle to explore other options.

But the Kettle's executive director Nancy Keough said the partnership with Boffo, an East Van developer, is its only choice to expand its crowded facility.

"We spent years looking at other options… there are no other funding options," she said. "Every unit would be a gift for people."

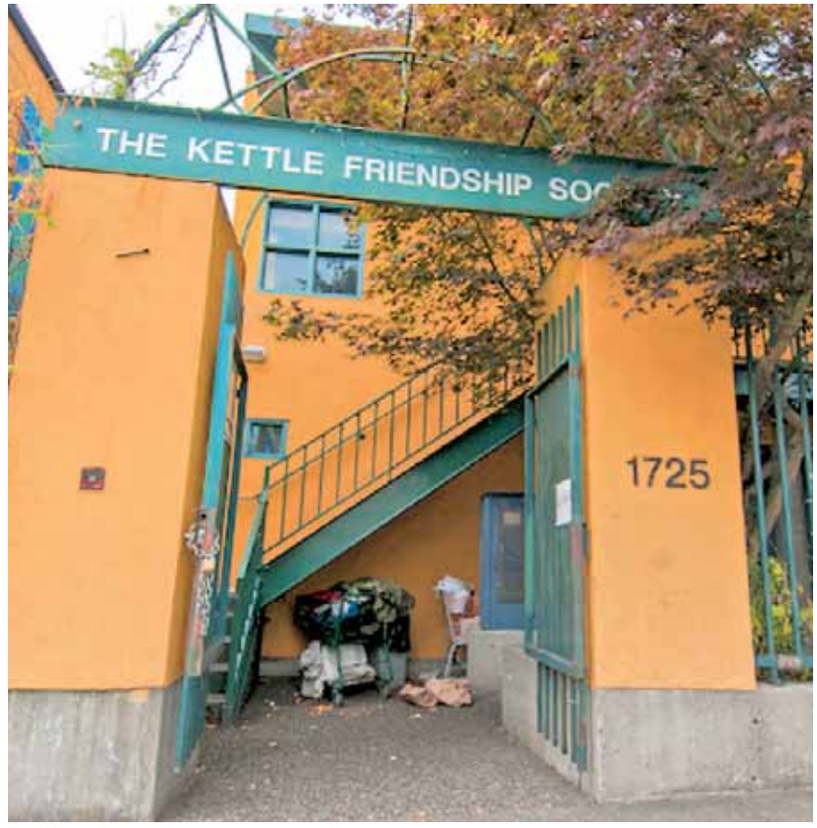
The project has been delayed for four years while the community undergoes its community plan. Keough said the Kettle is trying to work with everyone to find a solution so they can move forward with a rezoning.

"The design is something we hope will fit into the neighbourhood… It is not one big blob, it's something hopefully people will like," she said.

"Without any height, we wouldn't be able to get the social amenities we need and the housing."

THE KETTLE

The Kettle's executive director Nancy Keough said the partnership with Boffo, an East Van developer, is its only choice to expand its crowded facility. The project has been delayed for four years while the community undergoes its community plan.



The Kettle Society's drop-in centre at Commercial and Venables. JENNIFER GAUTHIER/METRO FILE

> **We think it's completely inappropriate for Commercial Drive to have such a dense, high building on that corner … It's out of context and a very bad precedent.** Barbara Cameron

REINSTATEMENT

Lawyer loses bid

A former Vancouver lawyer who left the country for Europe in 1999 with $300,000 owed to a client has lost his bid for reinstatement to practise law.

Christopher Edward Kay ran into financial problems in 1998 and did not renew his lawyer's licence. He also didn't try to resolve his financial difficulties.

Instead, he took $300,000 he owed to a client and went to France, where he started a real estate business, selling recreational properties.

When he left Canada, he did not leave a forwarding address, did not properly close his law office and instead left a message on his answering machine that he planned to return to work, thereby concealing his whereabouts from creditors, who were owed more than $600,000 in personal and law firm debts.

He also destroyed all his financial records and files shortly before his departure.

When his real estate business in France collapsed, Kay left debts owing in France and destroyed his financial records before returning to Canada in 2010, when he applied for bankruptcy.

He was discharged from bankruptcy two years later.

Since his return to Canada, he worked as a realtor and taxi driver. He applied in 2012 to the Law Society of B.C. for reinstatement as a lawyer.

Kay told a law society credentials hearing in 2013 that he "was remorseful about the way he dealt with his client" and his failure to wind up his law practice. Today he would deal with things differently than the way he left things in 1999, he said.

Kay appealed to the B.C. Court of Appeal, seeking to overturn the benchers' decision. But three Appeal Court judges unanimously dismissed Kay's appeal, concluding last week that the benchers' decision "was not unreasonable."

NEAL HALL/METRO

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Hi, my name is Marco Kozlowski and the income-producing US real estate deals you see here are not unique. In fact, I have many similar deals from people all across Canada who have made 6 Figures in 60 days using my methods.

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The profits in income-producing properties are amazing. It's simple to do, and it happens fast when you know my "insider" secrets. You don't have to quit your job. You don't need to open an expensive office. You don't need a real estate license and you don't need to spend a lot of time to start. You don't even need to travel to the US – but you may want to spend some time in the sun visiting your money-making properties!

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I invite you to join me and learn the lasting effects that Wealth in US Real Estate can provide for you and your financial future. If this appeals to you, then you need to HURRY up and call TODAY to learn how to obtain your own income-generating properties. Since my event is FREE, the spots will fill up lightning fast, and I would hate for you to miss out on this phenomenal opportunity to get on the road to financial freedom.

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Britannia Shipyards

The Britannia Shipyards on the outskirts of Steveston make a refreshing but accessible getaway. A national historic site, the Shipyards reflect the unique history of the fishing village, with its mix of canneries, boat builders, and housing for a multicultural cast of workers. **AMY LOGAN/FOR METRO**

The restored interior of a worker's house tells the story of Steveston's past.

The well-tended gardens at a former Japanese shipbuilder's home.

The wooden boardwalk was once Steveston's main street, a long wooden building on stilts was a bustling salmon cannery, a low-slung white building served as a bunkhouse for Chinese cannery workers, and a series of restored, brightly coloured wooden homes housed boat builders and fishermen.

EXPLORING THE SHIPYARDS

Interesting sites

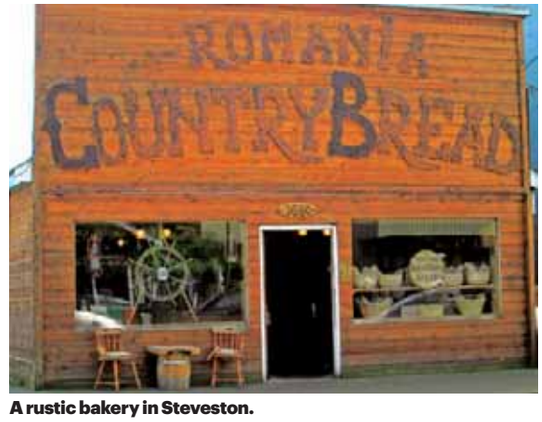
1. The Shipyard building has served as a salmon cannery, a boat repair shop, and a packing plant.

2. The boardwalk was the heart of Steveston, but in winters it was often closed due to flooding.

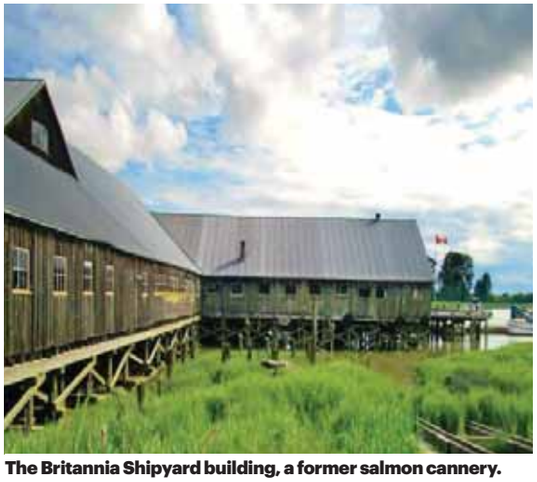
3. Murikami House was built in 1885, and the Murikami family lived there from 1929-1942. It has since been restored, and visitors can wander through its rooms, which are filled with interesting artifacts.

METRO

A sunken row boat.



A rustic bakery in Steveston.



The Britannia Shipyard building, a former salmon cannery.

Ship models in the windows of an old wooden warehouse.

Brightly-coloured wooden homes line the boardwalk.

Canadian Forces troops fight a new enemy: Fire

SASKATCHEWAN

200 soldiers endure smoke, ash, 30 C heat to save homes

"Watch out for the widowmakers!"

The platoon commander shouts the warning to about 200 soldiers slogging their way through dense brush, blackened trees and smouldering ash in the tiny First Nations community of Montreal Lake, about 250 kilometres north of Saskatoon.

A widowmaker is any large branch or treetop no longer attached to a trunk, but still tangled overhead, that could fall at any time.

"Obviously there's the danger of the ash pits and the big concern right now is the burned-out trees — any widowmakers," says Master Cpl. Casey Zaharoff. "And obviously a flare-up."

Military personnel set out to fight wildfires in La Ronge, Sask., Wednesday. THE CANADIAN PRESS/CONTRIBUTED

Zaharoff is one of the hundreds of Canadian Forces personnel who have traded their camouflage for bright orange fire-fighting jumpsuits to help beat back the flames in an unprecedented forest fire season.

For soldiers in northern Saskatchewan, orange is the new green.

A handful of homes and cabins in the area have already been destroyed by fires. The army was called in this week to help save the rest and get 10,000 people who have fled the smoke and flames back home.

The help is sorely needed.

Crews were holding protective lines around threatened communities Thursday, but Steve Roberts with Saskatchewan Wildfire Management said warm, dry conditions and shifting winds could cause more trouble spots.

> **"It's tough to see the homes destroyed and the damage the fire is causing and it's great we're doing something to ... put them out."**
> Cpl. Donny Melsted
> Afghanistan veteran

The soldiers push through the bush in long lines and climb over downed trees to get to ones that are still smoking or to hot spots on the ground. It's dry, smoky, hot work. The temperature was forecast to top 30 C on Thursday.

There is nothing high-tech in what they are doing: Their main tools are shovels, axes and handheld water sprayers fed by plastic bladders on their backs.

It's challenging, says commanding officer Lt.-Col. Mason Stalker.

"Certainly fatigue and, of course, the heat are some of the threats that our soldiers deal with," he said. "Of course they're wearing protective equipment, goggles, hard hats, coveralls and gloves."

Stalker said there are about 200 soldiers in Montreal Lake and another group about the same size in La Ronge, the largest community under threat. He expects another 60 reservists from Saskatchewan will join the fight on the weekend.

Roberts said the province is looking for more firefighters and equipment from across the country and the United States. It is also working to train hundreds of new people to join the battle in the next few weeks. THE CANADIAN PRESS

FOREST FIRES

Smoke covers the West

Large wildfires raging across Canada have contributed to a smoky haze lingering above the Western U.S., causing spectacular red sunsets in places including Seattle and prompting air quality warnings in Vancouver, and many states.

Parts of British Columbia, Alberta and Saskatchewan are ablaze. Alberta said Wednesday it was bringing in 62 firefighters from Mexico to help battle 92 wildfires, including 33 listed as out of control. British Columbia, with more than 180 fires, was bringing in crews from Australia.

The tiny particles of wildfire debris in the air pose a health risk for people with lung disease, older adults and children and anyone who exerts themselves outdoors, said Christopher Dann of Colorado's air pollution control division.

Air quality advisories have also been issued in North and South Dakota. Environment Canada continued to issue special air quality advisories for parts of B.C., Saskatchewan, Manitoba and Ontario. THE ASSOCIATED PRESS

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CANADA'S ECONOMIC ACTION PLAN

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Canada

Rebel flag to come down

SOUTH CAROLINA

Governor passes new law three weeks after massacre

South Carolina Gov. Nikki Haley signed a bill into law Thursday that will bring down the Confederate flag outside the Statehouse, a move that seemed unthinkable only a month ago in this Deep South state that was the first to secede from the Union.

The law requires the battle flag to be gone within 24 hours; her staff said it would be removed during a ceremony at 10 a.m. Friday and relegated to the state's Confederate Relic Room.

"The Confederate flag is coming off the grounds of the South Carolina Statehouse," Haley said. "We will bring it down with dignity and we will make sure it is stored in its rightful place."

The flag first flew over the Statehouse dome in 1961 to mark the 100th anniversary of the Civil War and was kept there as a symbol of official opposition to the civil rights movement. Mass protests decades later led to a compromise in 2000 with lawmakers who insisted that the flag symbolized Southern heritage and state's rights.

They agreed then to move it to a 30-foot pole next to a Confederate monument out front. But even from that lower perch, the historic but divisive symbol remained clearly visible in the centre of town, and flag supporters remained a powerful bloc in the state.

The massacre three weeks ago of nine people inside their historic black church in Charleston suddenly changed this dynamic, not only in South Carolina but around the nation.

Police said the shootings inside the Emanuel African Methodist Episcopal Church were racially motivated, and by posing with the Confederate flag before the shootings, suspect Dylann Storm Roof, who has not yet entered a plea to nine counts of murder, ignited a debate over the flag's history as a symbol of white superiority and racial oppression.

Haley moved first, calling on South Carolina lawmakers to vote the flag down, and very quickly thereafter, other Republican lawmakers who have long cultivated the votes of Confederate flag supporters were announcing that other Civil War symbols no longer deserve places of honour.

"These nine pens are going to the families of the Emanuel Nine," Haley said after signing the bill into law. "Nine amazing individuals who have forever changed South Carolina history."

South Carolina's flag removal bill passed easily in the Senate, where state Sen. Clementa Pinckney, the pastor gunned down at the church, had served, but was stalled by debate in the House as dozens of amendments were proposed. THE ASSOCIATED PRESS

Maria Calef, of Columbia, S.C., waves a sign as she celebrates in front of the South Carolina statehouse on Thursday. More than 50 years after a Confederate flag was raised at its Statehouse, the rebel banner is scheduled to be removed Friday. JOHN BAZEMORE/THE ASSOCIATED PRESS

AVIATION

Pilot wrong to flush bullets, says United

A United Airlines captain threw bullets in a trash bin accessible to passengers and later flushed them down a toilet on board a flight that he was piloting to Germany.

A United spokeswoman said Thursday that the pilot should not have thrown the bullets in the toilet. She said the pilot hasn't been fired but that the incident is still under investigation.

Airline spokeswoman Karen May said the pilot is allowed to carry a gun on domestic flights under a post-9-11 federal program intended to make planes harder to hijack. She said the pilot dumped the bullets in a waste bin then in a toilet after realizing he had them in his bag on a June 23 flight from Houston to Munich. Germany has strict gun laws.

"He did incorrectly dispose of the ammunition," May said, "but it is likely that the pilot is not going to face any criminal charges."

The Transportation Security Administration and Federal Aviation Administration did not immediately respond to requests for comment.

United declined to name the pilot. He is likely to be very experienced — it takes many years of seniority for pilots to become captains on international flights for major U.S. airlines.

> **He did incorrectly dispose of the ammunition.**
> Spokeswoman Karen May

May said the pilot was still employed by United, but she declined to say whether he had been grounded.

"We are investigating," she said. "I can't give any details about his status other than he is still with us."

The incident was first reported by The Aviation Herald, which said that a flight attendant looking for a passenger's missing ring found 10 bullets in a waste bin and alerted the captain. He flushed the bullets down the toilet and alerted German authorities when he realized that the flight attendant would report the incident, according to the Herald.

After landing in Munich, the plane taxied to a remote area where passengers got off and the waste tanks were emptied to find the bullets.

THE ASSOCIATED PRESS

BRITAIN A ROYAL CHRISTENING Prince William and his wife Kate, Duchess of Cambridge, marked a milestone for their newborn baby Princess Charlotte on Sunday — a christening ceremony on Queen Elizabeth II's country estate that was steeped in royal tradition. Hundreds of fans outside St. Mary Magdalene Church in Sandringham, a sprawling royal estate near England's eastern coast, cheered as William and Kate arrived with toddler Prince George and nine-week-old Charlotte, who was in a vintage pram.

MARIO TESTINO/KENSINGTON PALACE/THE ASSOCIATED PRESS

REFORM

Greece meets deadline

Greece finally met a deadline that counted on Thursday and made a series of sweeping proposals that its creditors needed by midnight to set off a mad rush toward a weekend deal to stave off a financial collapse of the nation.

The package met long-standing demands by creditors to impose wide-ranging sales-tax hikes and cuts in state spending for pensions that the left-leaning Greek government had long resisted.

It raised hopes that Greece can get the rescue deal that will prevent a catastrophic exit from the euro after key creditors said they were open to discussing how to ease the country's debt load, a long-time sticking point in their talks.

The government conceded to demands it had previously refused to accept — mostly on moving various categories of goods and services to higher sales tax rates.

After months of foot-dragging despite impending chaos, Greek Prime Minister Alexis Tsipras met a midnight deadline with more than an hour to spare.

THE ASSOCIATED PRESS

IN BRIEF

Funeral set for girl killed by leaping sturgeon

Funeral plans are set for a five-year-old Florida girl who died after being struck by a sturgeon that leaped into the boat she was riding in with her family.

Jaylon Leighann Rippy died last Friday, hours after the sturgeon jumped into the family's boat. Officials say the girl's mother suffered facial injuries and her nine-year-old brother suffered a broken wrist.

The Florida Fish and Wildlife Conservation Commission says this was the first fatality recorded from a sturgeon strike on the Suwannee River in northern Florida.

The fish are known for leaping more than seven feet above the water. They can grow up to eight feet long and weigh up to 200 pounds.

THE ASSOCIATED PRESS

Burglary suspect chased by authorities — and a bull

A bull decided to horn in on the action as authorities chased a suspect in northern Alabama. Sheriff's officials in Marshall County say the burglary suspect was taken into custody after being chased by a bull through a cow pasture.

Marshall County Sheriff Scott Walls says 26-year-old Brad Lynn Hemby was being sought in connection with a burglary Wednesday morning in Arab.

Walls says Hemby tried fleeing deputies by running through a cow pasture and a bull roaming the land joined the chase. Walls says Hemby eventually fell onto a barbed wire fence and surrendered.

THE ASSOCIATED PRESS

Vet finds underwear inside dog during surgery

A U.S. Labrador has some unusual taste buds.

A Pennsylvania veterinarian retrieved 62 hair bands and eight pairs of underwear from the dog's stomach during exploratory surgery.

The head technician at Good Shepherd's Veterinary Hospital told a local TV station that the black Lab named Tiki wasn't responding to medicine for vomiting, diarrhea and a loss of appetite. X-rays showed a mass in its stomach. Last week's surgery lasted two hours.

The dog's owner, Sara Weiss, says Tiki once swallowed a plastic foam dart, but that passed through the dog's system naturally.

THE ASSOCIATED PRESS

Passengers check into the United Airlines ticket counter at Tampa International Airport on Wednesday, a day in which the airline's network went down. Meanwhile, across the U.S. the Wall Street Journal and New York Stock Exchange both experienced system errors that caused their operations to cease for part of the day. JAMES BORCHUCK/THE TAMPA BAY TIMES/THE ASSOCIATED PRESS

Technology is evolving past people

INNOVATION

Advanced networks too 'unmanageable' for our brains

Technology has become so indispensable that when it breaks down, people's lives go haywire, too.

Computer outages at United Airlines, the New York Stock Exchange and The Wall Street Journal on Wednesday delivered a reminder about our growing dependence on interconnected networks to get through each day.

For the most part, technology has worked smoothly while hatching innovations and conveniences that have made our lives easier and our jobs more productive. Computers, though, could bring more frequent headaches as they link together with billions of other electronic devices and household appliances — a phenomenon that has become known as the "Internet of things."

This technological daisy chain will increase the complexity of the systems and raise the risks of massive breakdowns, either through an inadvertent glitch or a malicious attack.

"The problem is humans can't keep up with all the technology they have created," said Avivah Litan, an analyst at Gartner. "It's becoming unmanageable by the human brain. Our best hope may be that computers eventually will become smart enough to maintain themselves."

Technology already is controlling critical systems such as airline routes, electricity grids, financial markets, military weapons, commuter trains, traffic lights and our lines of communications.

Now, computers are taking other aspects of our lives as we depend on smartphones to wake us up in the morning before an app turns on the coffee pot in the kitchen for a caffeine fix that can be enjoyed in the comfort of a home kept at an ideal temperature by an Internet-connected thermostat designed to learn the occupant's preferences.

Within the next few years, we may even be unlocking our doors with high-tech watches after being chauffeured home in robotic cars.

Technology's relentless march demands better security measures to prevent hackers from breaking into systems and more rigid programming standards to reduce the chances of crippling outages, said Lillian Ablon, a technology researcher for the Rand Corp.

"Instead of just letting the technology rush ahead of us and then trying to catch up in terms of privacy and security, we should be baking those things into the systems from the start," she said. "We need to be a little smarter on how we are coding things."

THE ASSOCIATED PRESS

AUTO INDUSTRY

Google, carmakers competing to usher in the self-driving era

Two competing visions could determine how you first experience a driverless car.

Traditional automakers like Mercedes and Toyota already make vehicles equipped with systems that keep cars within their lanes, apply the brakes or park by themselves. Their plan is to gradually automate more functions of driving until, perhaps by 2025, some cars will be fully capable of driving themselves.

But Google and other tech companies are aggressively working on their own self-driving vehicles. Google, for instance, promises to deliver a self-driving car in five years.

But Google says a gradual approach to going driverless is wrong — and even dangerous.

"The prevailing philosophy is that we're going to take the driver assistance systems that are in the vehicle today and we're going to incrementally make those better," Chris Urmson, the director of Google's self-driving car program, said in May at an event in Mountain View. "We fundamentally don't believe that's the case. We believe that's like saying, 'if I work really hard at jumping, one day I'll just be able to fly.'" THE ASSOCIATED PRESS

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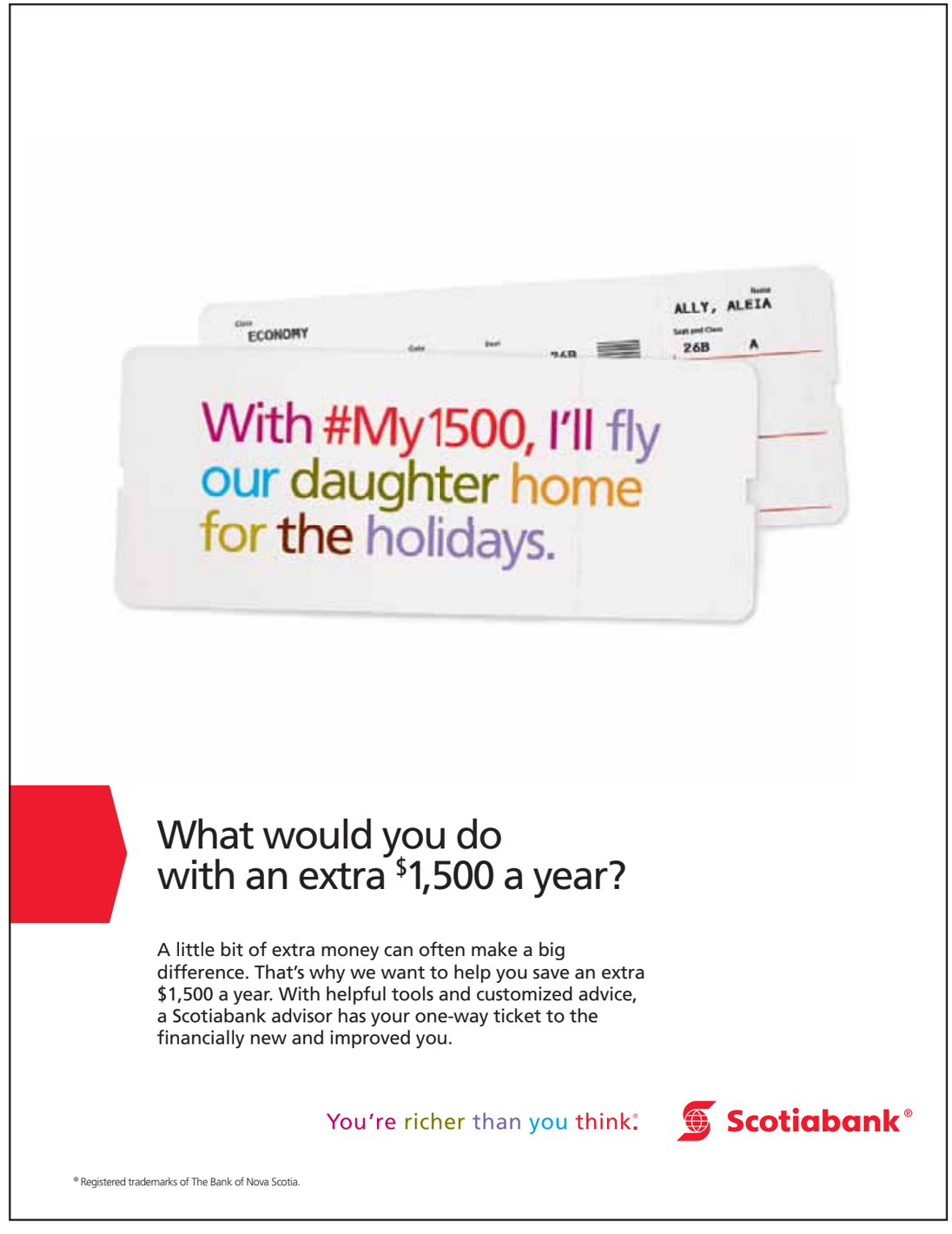
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metro VIEWS
Your essential daily news
WEEKEND, July 10-12, 2015

THE KOHLER REPORT: ON ANTI-VAXXERS

It's like you decided to jump off the bandwagon because you saw it was headed for a cliff.

When it came out this week that Bill Cosby had once admitted under oath that he had given a woman drugs because he wanted to have sex with her, a bunch of (dumb) people were like, "OMG, you mean he's guilty?" while the rest of us were like, "Duh."

I had a similar duh-y feeling on Tuesday when I read the results of the National Poll on Children's Health, in which it was reported that 34 per cent of parents feel that vaccines are more beneficial than they felt a year ago.

The study surmises it was the measles outbreaks of 2014-2015 that led this group of parents to changing their uneducated tune. While I'm glad they've seen the (potentially deadly) light, I'm irritated to no end that it took a measles outbreak to convince them.

As you may know, in 1998, the Lancet published Dr. Andrew Wakefield's iffy study linking the measles, mumps and rubella vaccine to autism. As you may not know, but probably should, it was retracted in 2012, two years after Wakefield lost his medical licence.

But the rumour spread, much like the measles, and some people stopped vaccinating their children. Now, a disease that the CDC declared eliminated from the U.S. in 2000 is back with 800 new U.S. cases since January 2014. Imagine the last scene of a horror movie: the camera slowly zooms in on a tombstone that reads, "Here lies The Measles, 2000." Then, just as you're about to relax, a pockmarked arm juts out of the ground! TO BE CONTINUED…

It's thanks to those 800 cases that "34% of parents think vaccines have more benefit than they did one year ago." Wow. There was so much proof that the vaccine worked (i.e., lots of people were dying from the measles, and then after the vaccine was introduced, people stopped getting the measles ... anyway, boring!) and so little evidence it caused autism (if one printed lie is evidence). It just blows my mind that people attach themselves to the less proven, more dangerous element of the story.

Now they're casually, "Yeah, I heard there was a measles outbreak; I guess I see why vaccines work." Eff you! It's like you decided to jump off the bandwagon because you saw it was headed for a cliff.

By the way, if you're still on the fence, did you know Wakefield did part of the "study" at his own child's birthday party, where he took blood samples from some of the party guests? ("Let's play pin the needle in your vein!") The study was so full of bunk, it's as if people decided to put the health of their children and thousands of others at risk because of a fairy tale.

It's pretty much as ridiculous to me as a child who learns about Santa Claus and then never wants to let him go. Even after finding out, they're still like, "No. I've seen pictures of him in books. He's on my Coke bottle. He's real." And then they have kids and, even though everyone's like, "There's no Santa; you better buy your kids some presents," they're like, "I don't care what billions of people say. Santa Claus is coming to town." But then on Christmas morning, there are no presents and then it's all, "You know what, there might not be a Santa." Yeah, we *told you*.

The only HUGE difference here is that a lack of Santa isn't going to kill anyone.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler

ROSEMARY WESTWOOD

metroview

The bottle collector and the power of a simple 'Thank you'

There was a man asking for change outside the meat shop the other day.

I gave him a few loonies and a bus token.

Later that day, C. — my boyfriend — passed by the same meat shop and the same man. C. didn't have change but was on his way to buy a Jamaican patty.

"Do you want one?" he asked.

"No, I'm vegan," the man said, in all seriousness.

"They have spinach ones," C. countered.

"No," the man said, "They're kind of gross."

C. — when he told me this story — smiled and shrugged. "I guess beggars can be choosers."

Fast forward to a recent evening. I was on the front porch with a gin and tonic. A man pushed his bike, loaded with bags, along the sidewalk and stopped in front of the house.

"Bottles?" he asked, and headed toward the recycling bins. With my parents in town, it's been a boozy week, so I told him to hold on and I popped inside to grab wine, beer and gin bottles.

Bottle collectors sweep my neighbourhood daily. One told me he works a 12-hour shift through the night. Most are more likely to say hi to me than many of my neighbours. They're more likely to show concern for my welfare, too.

Last year, I was approaching my house at the same time as one man. It was dark, and I didn't have lights on my bike. The man pointed to his own headlamp. "Lights!" he said, and pointed to my bike. He said something like, "Danger!" — and I knew I was being kindly admonished.

This time, empty bottles in my arms, I came back out to the street to the man waiting for me. "Thank you!" he said. "Good one!" he noted as I passed the tall amber beer bottles. "Thank you!" he said again. "Thank you! Thank you!"

He moved on to the next house, and before he passed out of sight, he waved and called, "Thank you!"

I hadn't been thanked that much all week. I thought how little I know about him and how much I assume.

I don't know where he goes when his shift ends, whether his family is around or how he got into the bottle-collecting life. But if I was surprised at his pleasantness, I must have assumed he was unhappy.

I don't know where the man by the meat shop came from, what events collided to land him on that sidewalk or why he went vegan (if he really is). But if I was surprised at his alleged diet, I must have assumed he was desperate.

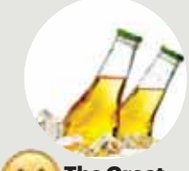
In both cases, I was wrong. And in both cases, I have no right to judge.

Happy face/Sad face

From **voyaging viruses** to **frightened foxes,**
Metro weighs in on the news making headlines this week

Return of fox hunting has activists howling

Animal-rights activists are braying about the U.K. government's proposal to relax the rules on the controversial sport of fox hunting. David Cameron's Conservative Party wants to allow it in England and Wales, on "appropriate" land and with protection for other animals. MPs are pretty evenly split ahead of Wednesday's vote. Right now, hunters may only flush out and stalk foxes with a maximum of two dogs.

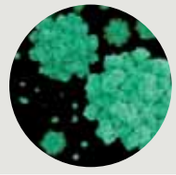


The Great Canadian beersicle

It brings a whole new meaning to "ice-cold beer." A Fredericton shop has made the ultimate summer refresher: beer freezies. The Dooryard Shandy Sorbet Freezie is made with a local wheat ale, lemon and lime juice and honey sorbet. Most of the alcohol is burned off in the cooking process, so "you're not going to get drunk off them — fortunately, or unfortunately," says creator Levi Lawrence. SOURCE: CBC

Stowaway sickness strikes globe

A once-rare strain of the stomach-flu germ norovirus that broke out in China this winter seems to be hitching a ride around the globe. The virus, called GII.17, has turned up recently in Japan, Taiwan, Korea and Kenya. It's contagious but not usually life-threatening, though a global pandemic could easily infect hundreds of thousands. Drug company Takeda is working on a vaccine — a notoriously finicky task in science. SOURCE: BLOOMBERG



Listen up for good news about hearing

Despite research, there's still little medical treatment (only surgery) available for genetic deafness. That may be about to change. Researchers published in the journal Science Translation Medicine have hit upon a possible gene therapy. They used genetically deaf mice in an experiment, and with some biochemical wizardry, were able to stimulate production of a protein that doesn't work in some deaf people. When they surprised the unsuspecting rodents with loud noises, the mice jumped — indicating the treatment worked. SOURCE: THE GOOD NEWS NETWORK

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Steve Shrout
MANAGING EDITOR VANCOUVER
Jeff Hodson
ADVERTISER INQUIRIES
adinfovancouver@metronews.ca
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HDD | 500 GB | OS | Win 7/8 Retail
WARRANTY | 3 year | SKU | 10E9000SUS
~~$710.99~~ **$649.99**

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CPU | i3-4130T | RAM | 4 GB
HDD | 500 GB | OS | Win 7/8 Retail
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HDD | 500 GB | OS | Win 7 Pro 64bit
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This mount is compatible with TINY desktops, and can mount the tiny PCs under a desk or to the back of a compatible monitor.
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CPU | i5-4570 | RAM | 4 GB
HDD | 500 GB | OS | Win 7 Pro 64bit
WARRANTY | 3 year | SKU | 10AM0007US
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10-Point Touch Technology
Weighs just 1.2kg! (2.8lbs)
CPU | i5-4300U | RAM | 4 GB | HDD | 128 GB
OS | Windows 8.1 Pro | BATT | 8.6hr
WARRANTY | 1 year | WEIGHT | 4 lbs
SCREEN | 14" LED TOUCH | RESOLUTION | 2560x1440
SKU | 20A7003BUS
~~$1400.99~~ **$1099.99**

ThinkPad® Yoga 15 Ultrabook
CPU | i5-5200U | RAM | 8 GB | SSD | 180 GB
OS | Windows 8.1 Pro 64bit | BATT | 8 hr
WARRANTY | 1 year | WEIGHT | 5.07 lbs
SCREEN | 15.6" LED TOUCH | RES | 1920x1080
SKU | 20DQ001KUS
~~$1287.99~~ **$999.99**

ThinkPad® Edge E550 i7 Notebook

CPU | i7-5500U | RAM | 8GB | HDD | 500GB
OS | Windows 7 Pro 64bit | BATT | 9 hr
WARRANTY | 1 year | WEIGHT | 5.2 lbs
SCREEN | 15.6" HD LED | RESOLUTION | 1920x1080
SKU | 20DF0040US ~~$1099.99~~ **$849.99**

ThinkPad® Edge E550 i5 Notebook

CPU | i5-5200U | RAM | 4GB | HDD | 500GB
OS | Windows 7 Pro 64bit | BATT | 9 hr
WARRANTY | 1 year | WEIGHT | 5.2 lbs
SCREEN | 15.6" HD LED | RESOLUTION | 1366x768
SKU | 20DF0030US ~~$799.99~~ **$649.99**

ThinkPad® T440 Ultrabook

CPU | i3-4030U | RAM | 4GB | HDD | 500GB
OS | Win 7 Professional 64bit
WARRANTY | 1 year | BATT | 8.6 hr
SCREEN | 14" LED HD | RESOLUTION | 1366x768
SKU | 20B6009TUS ~~$949.99~~ **$599.99**

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OS | .. Windows 7 HP (MAR)
WAR | ..... 6 months
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WARRANTY | 6mos | SKU | ODT-LEN-M71E
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OffLease ThinkCentre® M91P

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OS | Windows 7 Professional (MAR)
WARRANTY | 6 mos | SKU | ODT-LEN-M91P
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HDD | ..... 500 GB
OS | ..... Win 7 Pro 64bit
GPU | .. Radeon R7 M260X
WARRANTY | ..... 1 year
SKU | 20DH002TUS
SCREEN | 15.6" HD LED | RESOLUTION | 1366x768
~~$699.99~~ **$529.99**

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RAM | 4GB | SSD | 16 GB
SCREEN | ..... 11.6"
BATT | 9.5hr
WARRANTY | ..... 1 yr
SKU | 80MG0001US
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The streets are alive with fun

This Saturday marks the fifth annual Khatsahlano Street Party, Vancouver's largest free art and music festival taking place on West 4th Avenue from Burrard to Macdonald streets. Last year's event boasted an attendance of 160,000 people and with such an impressive turnout Khats has something for everyone.

THE SHOPPER

Khatsahlano has what you need, even if you aren't sure what you want yet. West 4th Ave. has long been known as a Vancouver shopping destination and Khats just makes the day easier with tables, racks and displays lining the streets. Be sure to duck inside for a break from the heat or to fully explore your new favourite store. Browse the Etsy Marketplace, debuting between Stephens and Macdonald streets, which will showcase wares from a variety of local vendors.

THE FOODIE

West 4th Ave. has some of the tastiest stops to grab a bite to eat so now is the time to try a place you have been hearing about. The foodie can let their taste buds do the walking down Food Truck Way, spanning one block from Balsam to Larch that features the who's who of Vancouver food trucks. Sample everything from trendy street food to specialty vegan options to carnival type favourites. Wash it all down in one of four licensed Mill Street beer gardens.

THE MUSIC LOVER

Khats presses play at 11 a.m. and the party doesn't stop until 9 p.m. That's 10 hours of music across five stages spanning all types of genres, carefully curated by West 4th institution Zulu Records. Much like the shops and the food, the tunes are local as well. Head down to the TD Main Stage where new meets old school with headliners Yukon Blonde and The Belle Game and founding punk rock fathers The Pointed Sticks and Enigmas.

THE FAMILY

Khatsahlano is a free event, so bring the kids down to check out the sites and sounds as long as their little legs can handle it. There is plenty of excitement for all age ranges — balloons, face-painting, or maybe dad will take a seat in the dunk tank. Stop by the Trafalgar Stage from 11 a.m. to 1 p.m. for kids programming like Rockin' Robin or wander down to the Busker Zone at Macdonald Street for street performances all afternoon.

The fun doesn't stop on the street — visit Khatsahlano.com for details on this year's scavenger hunt.

CONTRIBUTED

STRIKING A POSE AT KHATSAHLANO

Vancouver Fashion Week and West 4th Avenue have partnered for a second year, designating West 4th Ave. the official shopping and dining neighbourhood of Vancouver Fashion Week (VFW). It's only fitting that when the Khatsahlano Street Party arrives on Saturday, VFW would bring a taste of Fashion Week to the street.

"Fashion on West 4th Ave. is on-trend, functional and some of the best that the city has to offer," says Jane McFadden, executive director of the West 4th Business Association. "VFW has shown the rest of the world what Vancouver has to offer and we are so pleased to partner with them again this year."

At 1 p.m. and 3 p.m. on a special stage at Yew Street, local Vancouver models will take to the runway, showcasing West 4th fashion, spotlighting West 4th retailer Mavi. The runway will feature many of the trend-setting looks from a selection of the 50 boutiques and awarding-winning stores.

In addition to producing the fashion show, Vancouver Fashion Week will have a media wall where Khatsahlano attendees can strike a pose, and VFW street style team scouts will be keeping an eye out for exciting new trends being worn at Khats.

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HELPFUL TIPS, TRICKS

The Khatsahlano Street Party takes place Saturday on West 4th Avenue. Be sure to follow a few easy tips and tricks to prepare for one of the highlights of summer fun in Vancouver.

- Bring summertime essentials — sunscreen, sunglasses and a hat. It's likely going to be a hot one so be prepared to beat the heat.
- Stay hydrated. There are free water stations at Macdonald, Yew and Cypress streets, plus lots of tasty beverages being offered by West 4th merchants.
- Bring your friends and family. Khatsahlano has something for everyone.
- Wear comfortable dancing shoes — there is so much music to enjoy and the entire festival site is 10 blocks long.
- Map out a travel plan — walk, bike, swim or use transit to get to West 4th.
- Make use of the Car2Go Drop Zone at Burrard Street or Travelsmart Bike Valet at Macdonald Street.
- Enjoy alcohol responsibly at one of the licensed West 4th patios or in one of four Mill Street beer gardens.
- Capture the moments with your smartphone and join in on the Khatsahlano Street Party scavenger hunt.

For more, visit khatsahlano.com.

TODAY THE BANDS, TOMORROW THE WORLD

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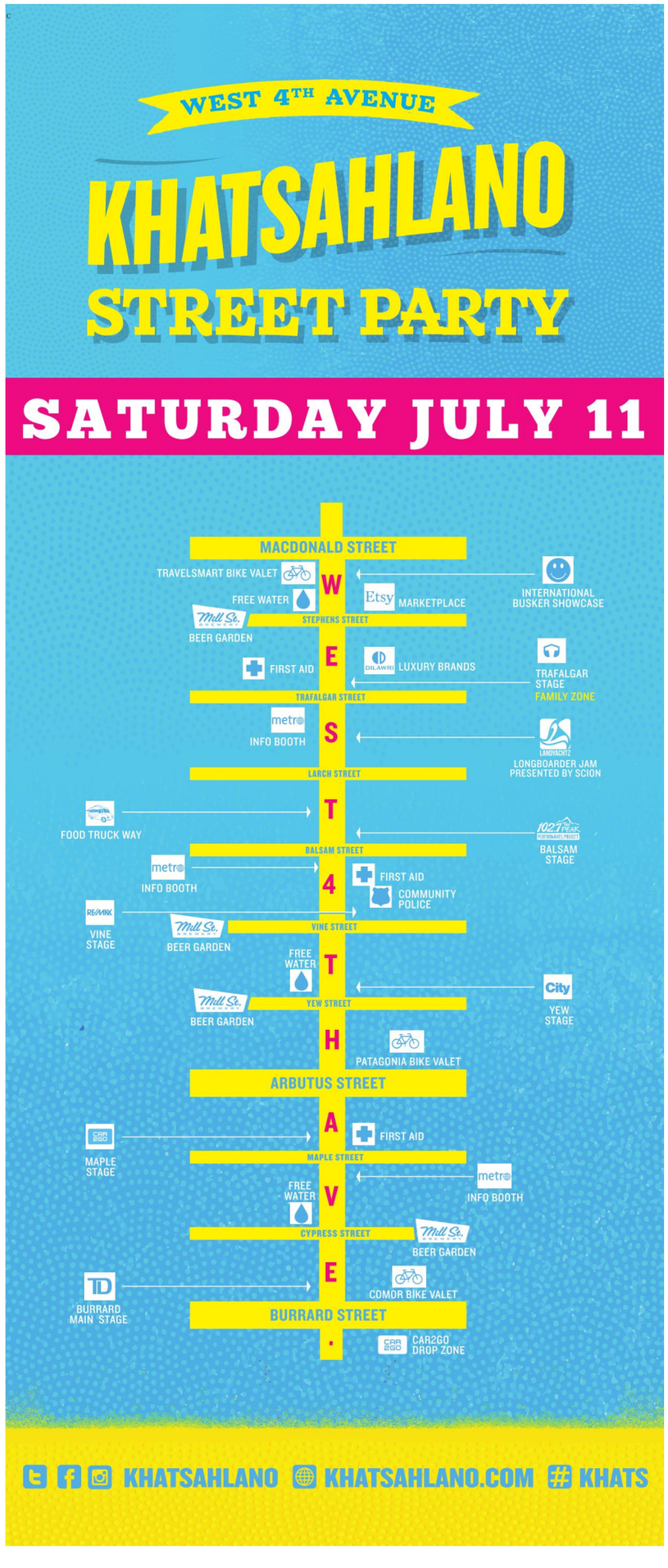

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VANCOUVER
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7:00 pm – 9:00 pm

Vancouver Public Library Alice MacKay Room
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VANCOUVER
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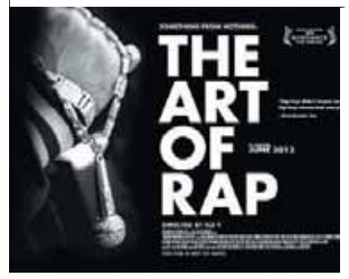
The dramatic approach

FILM

These musical stories are told with panache

IN FOCUS

Richard Crouse



Amy Winehouse movie Amy is a documentary structured like a feature film. Critic Richard Crouse looks back at other films about music that give the viewer a look into the personal and creative lives of the subjects. ALL PHOTOS HANDOUT

Asif Kapadia's documentary Amy features never-before-seen footage and more than 100 interviews with people from singer Amy Winehouse's personal and professional life. It is a heartbreaking up-close-and-personal look at a woman who, as Tony Bennett says in the movie, didn't live long enough to learn how to live.

Kapadia may be best known as the filmmaker behind the BAFTA-winning documentary Senna, but says, "It's funny, but I am really a drama guy."

His docs are structured like feature films. Amy, for instance, plays on a few levels, featuring several dramatic arcs. It's a cautionary tale of the effects of international stardom. It's a portrait of drug addiction, exploitation and a woman who looked to men for protection, and chose badly. It's the story of Amy, a fiercely talented person who laid her heart bare in her art only to have what should have been her saviour, her music, ultimately be her undoing.

When I asked Kapadia if he looked at other music docs before beginning work on Amy he said, "I don't have references I look to. I just kind of make it up as I'm going along. For example, in the sequence with the paparazzi, I'm thinking of Raging Bull, with flashguns going off. I'm not thinking of a doc where you have someone's life and then they pick up a guitar and sing."

Here's a list of other music bios — some docs, some features — that take a dramatic approach and give a complete look at the personal and creative lives of their subjects:

Anvil! The Story of Anvil

It would be easy to call Anvil a real-life Spinal Tap.

The story of the heaviest heavy metal band you've never heard of bears a strong resemblance to the legendary fictional band, but it is so much more than that. It is a story of passion, of trying to beat the odds, of friendship, of hope against hope. It's also quite funny and the music will peel the paint off your home theatre walls.

I'm Not There

It's an elliptical and metaphoric retelling of Bob Dylan's life, but none of the characters in it are called Bob Dylan. Most of them don't look like Dylan, and the one who most looks like Dylan is a woman, played by Cate Blanchett.

Yet I felt I knew more about what makes Bob Dylan tick when I left the theatre than I did about Johnny Cash following Walk the Line or Ray Charles after Ray.

Something from Nothing: The Art of Rap

A vibrant look at the art of hip hop, the first documentary from Ice-T profiles the passion of the grandmasters of rap: Afrika Bambaataa, Treach Criss, Doug E. Fresh, KRS-One, Dr. Dre and more.

Worth it to hear Snoop Dogg's (now Snoop Lion) songwriting methodology: "I need to smoke a lot of weed, and have a couple girls there because I like looking at them."

Get on Up

James Brown was known as many things — The Godfather of Soul, Soul Brother No. 1, Mr. Dynamite and The Hardest Working Man in Show Business — but he preferred to be called Mr. Brown. His rise from poverty to the top of the R&B charts is brought to life in a knockout performance from Chadwick Boseman, who plays Brown from age 16 to 60.

MOVIE RATINGS by Richard Crouse

Amy	★★★★
Big Game	★★
Batkid Begins	★★★
Self/less	★★

HOW RATING WORKS

★★★★	SEE IT
★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT

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THE TV DINNER JESSICA ALLEN

A visit to Calgary is like exploring a Canadian province and five American states all in one trip

Alberta is all about enjoying contrasts in everything from landscapes to food. At right, a course at the River Café and funnel cake. ALL PHOTOS BY JESSICA ALLEN

I just got back from my first trip to Calgary, where I was filming at the Stampede for my day job. I saw real-life cowboys. I even saw hail — in July! But mostly I saw Calgary as a city of contrasts.

Take the political scene: The 44-year-long PC reign ended back in May when the NDP won the provincial election, not to mention that for the last five years, the young, charismatic, liberally minded Naheed Nenshi has been mayor. Yet everyone with whom I spoke had something to say about their new bike lanes: mostly that they hated them.

And the Stampede itself — a 10-day-long annual event that's defined the city for nearly 100 years — is a study in contrasts: Cuffs and collars can come courtesy of iconic Lammle's Western Wear or the celebrity-dressing fashion designer Paul Hardy. Entertainment can be found at the Cowboy Casino, where bartenders make Hooters' servers look modest, or at any number of champagne-flowing private events hosted by Big Oil's top brass. And, depending to whom you speak, the Stampede is either a celebration of majestic animals or an abuse of them.

And then there's the food: Sample classic corn dogs, funnel cakes, turkey legs on the Stampede fairgrounds. (Pizza topped with cockroaches *almost* made it on to the menu). Or visit any number of eateries, like the River Café, Model Milk and Charcut, which consistently rank on the country's best restaurants lists, for innovative comestibles on another level.

I did both styles, eating a lobster corn dog, mac and cheese topped with pulled pork and funnel cake one day and devouring four memorable courses at the River Café the next.

Alberta's optics can be confusing — even more so when you consider that the vast province has been the landscape doppelgänger for Montana, Texas, Wyoming and Colorado. Although older films, like River of No Return (1954), Little Big Man (1970) and Days of Heaven (1979) — maybe one of the most beautifully photographed films ever — filmed scenes there, it was Clint Eastwood's Academy Award-winning 1992 film Unforgiven that put the province on the map, so to speak.

Legends of the Fall and Brokeback Mountain followed. And Christopher Nolan seems to have a special penchant for it: He shot scenes for both Inception and Interstellar in Alberta.

Most recently, the province doubled as South Dakota when Oscar-winning director Alejandro González Iñárritu hauled Tom Hardy and Leonardo DiCaprio on what's become a notoriously difficult shoot to film scenes for The Revenant, which will be widely released next year.

I was only there three days. But I'm going back, not only because I saw just the silhouette of the Rockies from car windows, but also because the people are warm and wonderful and it'll be like exploring a Canadian province and five American states all in one trip. And also, I suppose, because opposites attract.

Jessica Allen is the digital correspondent on CTV's The Social.

DOUGHNUT-LICKING VIDEO

Grande fallout

Police said Wednesday they were investigating video that appears to show Ariana Grande licking doughnuts at a shop in Southern California. Earlier, Grande apologized for saying "I hate America" in the same video.

Police in Lake Elsinore, where the doughnut shop is located, said they and Riverside County public health officials were investigating the leaked video, which appeared to show the 22-year-old singer and a man with her "maliciously lick" the doughnuts.

Mayra Solis, 22, a cashier at Wolfee Donuts, said the singer didn't purchase any of the doughnuts she licked. "She was really rude," Solis told The Associated Press.

A spokeswoman for the Riverside County Department of Environmental Health said the agency was investigating why the doughnuts were left out unprotected and exposed to the public, in violation of state food laws. THE CANADIAN PRESS

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Ryan Reynolds plays the reincarnated version of an outrageously wealthy, greedy man in Self/less. HANDOUT

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Q&A

Ryan Reynolds talks hubris and franchises

Matt Prigge
Metro in New York City

Ryan Reynolds just got back from five weeks in Bangkok, and right away he has to do a junket, solo, for his new film, the sci-fi thriller Self/less.

And yet despite jet lag he remains in good spirits, even if junkets aren't at all times an ideal form of communication, and even if the film he's talking about can get heavy. In it, he plays the reincarnated version of a wealthy greed monster, played by Ben Kingsley, who's so rich he's able to pay a shady company to transfer his consciousness from his dying body to a new one, namely one played by Ryan Reynolds.

This is a film that really digs into anxieties over mortality and the dissolution of the self. Were those the ideas that most grabbed you?

Not really. It was the idea of hubris and arrogance and the class system, and all these things that propel a person to say, "Oh, I cocked up the first life. Let me just buy another one."

It's just so vile to think like that. I like seeing characters fall from grace, and I like seeing characters accept or deal with consequences.

Damian actually becomes someone who doesn't know what to do with his wealth.

There's this quest for thrills that is ever-growing. I know one guy who just does some of the most insane s— you can imagine. Maybe it's because he's experienced so much already. He's bought everything he's wanted. He's always owned the fastest cars, the coolest planes. After a while it becomes a law of diminishing returns. There's a lack of well-being with these people. Not all of them, just particular ones.

This isn't as ostentatiously visual as the other films by Tarsem Singh, like The Fall and Immortals, but he's still a director known for his visuals. How do you deal with filmmakers like that?

It's nerve-racking, because you think going into it, are they going to be able to talk to actors? Are they going to (know) what the scene is about apart from it just looking cool? But he's the opposite for me. I found him really attentive to each scene. A movie is only as good as its director, and the sort of unfortunate truth is in this industry, it's a director's medium. The director is God on a film set. We can only succeed as far as he's willing to take us.

Self/less seems rare, not only in that it's a character-driven, ideas-driven sci-fi movie, but also that it's a one-off, not a franchise movie. I can't imagine there being a Self/less 2.

Oh God, no! But that's great, isn't it? It's refreshing that there are some films like that still. It's scary, because everything's a franchise now. It's a rare breed these days to have a one-off.

No purchase necessary. Contest open 12:01 am on July 8, 2015 to 11:59pm on July 16, 2015 to legal residents of Calgary, Toronto, Edmonton, Vancouver, Winnipeg, Ottawa and Halifax (ex QB) of age of majority in their province of residence at time of entry. Prizes available 20 double passes to the advance screening of SOUTHPAW per market. ARV $25.00 a pair CDN. Odds depend on number of eligible entries received. Internet, email address, and math skill testing question required. Rules and entry **www.clubmetro.com**

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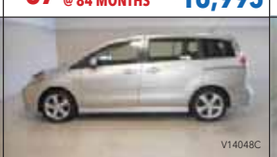

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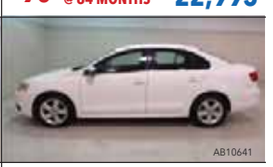

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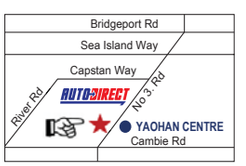

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Onni Tommila and Samuel L. Jackson in the Finnish-made film Big Game. CONTRIBUTED

POTUS with a Big problem

BIG GAME

Finn's actioner an homage to the '80s films of his youth

Richard Crouse
Metro | Life

When Finnish director Jalmari Helander saw his new film Big Game at the Toronto International Film Festival's Midnight Madness, he was reduced to tears.

"It was one of the nicest moments of my life," he says on the line from Helsinki. "It was a really big theatre with a lot of people and they were giving it applauses in the middle and shouting and really loving the film. I was crying in my seat with pure happiness. It was really amazing.

"If you think about rock stars, they play for an audience and get feedback at all times. But for a moviemaker it's really, really rare you can see the reaction of the audience."

The movie is an '80s style POTUS-with-a-problem action flick starring Samuel L. Jackson as the U.S. president stranded by terrorists in the wilds of Finland. He's kept alive by Oskari (Onni Tommila), a teen who demonstrates his bravery by keeping the president alive despite great odds.

Big Game director Jalmari Helander CONTRIBUTED

Big Game is an homage to the kinds of movies Helander grew up watching, "the old Indiana Jones films or Spielberg." The kind of films, he says, that "stretch the limits of what's believable and what's not."

Being a director, he adds, also gives him the chance to impart the euphoric feeling he felt the first time he saw Escape from New York or Die Hard.

"That's the reason I want to make movies, to try and give the same feeling to someone else."

Big Game's star is Jackson, but the movie's beating heart is Helander's nephew and favourite actor Onni Tommila, who was just 13 when he shot the film.

The role is very physical, but Onni says the one stunt he was allowed to do was cut from the film and "when I am shooting with the bow that was done in a green screen. It wasn't that cool."

What was cool was working with his co-star. Just not the one you might expect. "At first I was nervous in front of Samuel L. Jackson, but in the end I think I was more nervous in front of my father." His dad co-stars as a villager and they share several scenes together. "I want him to feel like… I can't explain it. In some ways working with my father is harder, but in another way it is easier."

> **Rock stars, they play for an audience and get feedback at all times. But for a moviemaker it's really, really rare you can see the reaction of the audience**
> Jalmari Helander on TIFF response to Big Game

Dreams can come true

A new documentary tells the story of making Miles Scott's wish come true: Scott, below left, was Batman for a day. Mike Jutan, below right, played The Penguin. ALL PHOTOS WARNER BROS./GETTY IMAGES

INTERVIEW

'Good Canadian boy' was thrilled to help make Batkid happen

Richard Crouse
For Metro | Life

Chances are you saw the footage on the news.

On Nov. 15, 2013, San Francisco transformed into Gotham-By-the-Bay as Batkid, accompanied by Batman, rescued a damsel in distress, threw the Riddler in jail and saved Lou Seal, the Mascot of the San Francisco Giants, from the grips of criminal mastermind The Penguin.

It was Make-A-Wish's largest ever event, a citywide happening to grant five-year-old cancer survivor Miles Scott's request to be a superhero for a day.

The Batkid — who was still in diapers when he was diagnosed with leukemia — drew crowds in the tens of thousands, earned a Twitter message from U.S. President Barack Obama and was given the key to the city by San Francisco Mayor Ed Lee.

London, Ont.-born software engineer Mike Jutan was given a front-row seat to the action when his friend, inventor and acrobat Eric Johnson, asked him to play Gotham's greatest villain The Penguin.

> **This is the most insane, crazy thing that can happen when people work together, when people skip work on a Friday for the good of a little kid.**
>
> Mike Jutan, a.k.a. The Penguin in Batkid

"As a good Canadian boy, I like peppering community service stuff in amongst the many things I already do," says Jutan, who now lives in San Fran and works for Industrial Light and Magic.

"I always thought I'd like to do something with Make-A-Wish."

A new documentary, Batkid Begins, details how the event bloomed from a small experience into a heartwarming media sensation.

"To me, it was exciting it was getting big, because I think it is inspiring to other people. As it got bigger and bigger, I felt like we had a responsibility to stand for what Make-A-Wish stands for but also stick a big flag in the ground as the city of San Francisco.'"

To prepare to play The Penguin, Jutan "started obsessively watching the 1960s Batman. I watched them over and over and over, studied Burgess Meredith's character to get the walk down and the laugh and some of his quips. I wanted to get an idea of his personality so any die-hard Batman fans there would also enjoy it."

But, he adds, "Our only real goal was to make sure Miles had a great wish, and that we succeeded in helping him save Gotham."

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Way more than iPhoning it in

Mickey O'Hagan and Kitana Kiki Rodriguez in Tangerine. CONTRIBUTED

GROUNDBREAKING

Tangerine's smartphone move perfect for gritty film

Steve Gow
For Metro

After two TV shows, five films and 15 years in showbiz, Sean Baker has finally found success shooting a movie on his iPhone.

"I wish I could say it was born out of the story and an esthetic approach — I would've been impressed with myself," laughed the New York-based filmmaker recently. "But it actually all stems from a budgetary constraint — we just didn't have the money. I'm on my fifth film, I couldn't pull favours anymore."

As such, Baker (perhaps best-known as one of the creators of TV's Greg The Bunny) set out to make Tangerine — a movie shot entirely on smartphones and the very first to premiere at the Sundance Film Festival.

"Some mainstream films have been using tiny HD cameras — they just haven't made a big deal of it," said Baker, insisting many movies have adopted non-conventional footage that's enhanced in post-production.

Baker knew the true challenge with engaging audiences was overturning the preconceptions that come with openly admitting your film was entirely shot on iPhones. "Hopefully the reviews that also focus on how good my actors (are) override it," said Baker.

Early reviews have undoubtedly quelled the director's concern.

The gritty comic-drama about a pair of transgender prostitutes trying to hunt down a cheating boyfriend has been lauded for its groundbreaking performances and cinematic texture — factors that Baker admits he hadn't realized until he began filming on mobile devices.

> **"I never thought that our little film would actually be received so well.**
> Director Sean Baker

"All the benefits revealed themselves to us as we were shooting," said Baker. "Like the fact that we could shoot more clandestine (and) we wouldn't be intimidating first-time actors with a device that doesn't look like a camera.… Lots of things after the fact made it seem like the obvious choice all along."

Baker may have stumbled into his greatest success through the modesty of a micro-budget, but if Tangerine attracts an audience the way it has won over many film critics, his innovative production may yet become the next big trend in Tinseltown.

"Hollywood's already doing elevated found-footage-type movies," reasoned Baker, pointing to the fad that's fathered films like Paranormal Activity and Project Almanac.

"I think Hollywood is always looking for whatever is hot (so) why not? If they see an opportunity in it, they'll take it."

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SCI-FI & FANTASY

Self/Less

Director: Tarsem Singh
Starring: Ryan Reynolds, Natalie Martinez

In this psychological science-fiction thriller, a wealthy man dying from cancer undergoes a radical medical procedure that transfers his consciousness into the body of a healthy young man. But all is not as it seems when he starts to uncover the mystery of the body's origin.

ROTTEN TOMATOES™ SCORE

Critics: 24% Audience: 62%

ACTION & ADVENTURE

Big Game

Director: Jalmari Helander
Starring: Samuel L. Jackson, Jim Broadbent

In the rugged countryside of Finland, a 13-year-old embarks on a traditional quest to prove himself by spending 24 hours alone in the wild, armed with only a bow and arrow. After witnessing a spectacular crash, he discovers the escape pod from Air Force One, containing the U.S. president.

ROTTEN TOMATOES™ SCORE

Critics: 74% Audience: 38%

ANIMATION

Minions

Directors: Pierre Coffin, Kyle Balda
Starring: Sandra Bullock, Jon Hamm

Minions, perpetually serving the most despicable of masters, find themselves without someone to serve and fall into a deep depression. But one Minion named Kevin has a plan, and he and his pals venture out into the world to find a new evil boss.

ROTTEN TOMATOES™ SCORE

Critics: 59% Audience: +98%

HORROR

The Gallows

Directors: Travis Cluff, Chris Lofing
Starring: Cassidy Gifford, Pfeifer Brown

Twenty years after a deadly freak accident at a high school play, a misguided attempt to re-stage the play and honor the student proves that some things are better left in the past.

ROTTEN TOMATOES™ SCORE

Critics: 13% Audience: +85%

DOCUMENTARY

Amy

Director: Asif Kapadia
Starring: Yasiin Bey, Mark Ronson

Amy Winehouse was a pop star with soul, a once-in-two-generational musical talent whose appeal crossed cultural and demographic boundaries. But while her music made her a star, her chaotic personal life stole headlines.

ROTTEN TOMATOES™ SCORE

Critics: 97% Audience: +89%

COMEDY

What We Did On Our Holiday

Directors: Andy Hamilton, Guy Jenkin
Starring: Rosamund Pike, David Tennant

Doug and Abi are taking their three children on a trip to Scotland for a big family gathering. They are in the midst of a difficult divorce, and have asked the kids to keep it a secret from the others.

ROTTEN TOMATOES™ SCORE

Critics: 74% Audience: +87%

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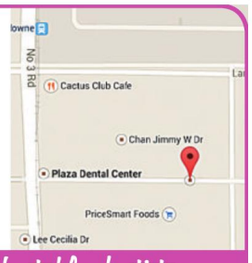

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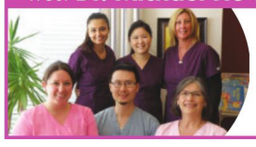

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Connolly daftest punk of all

WHAT WE DID ON OUR HOLIDAY

Scottish actor talks aging and lighting candles for pal Robin

Three weeks before he was to start shooting his new film, What We Did On Our Holiday, Scottish star Billy Connolly got a wallop of bad news.

On the same day in September 2013, within a span of hours, he received two major diagnoses: that he had Parkinson's disease and early-stage prostate cancer.

Connolly underwent surgery to remove the cancer and never considered pulling out of the film. In fact, he didn't even tell writer-director duo Andy Hamilton and Guy Jenkin about his Parkinson's diagnosis, he said.

"It didn't change anything at all," the 72-year-old comedy legend said in a recent telephone interview, noting he had very few Parkinson's symptoms at the time.

"I think they thought I was just getting old, when I sat down a lot, which is quite right. I am getting old."

Connolly even joked that his condition "was very useful" for his role as an ailing grandfather who gets a visit from his son and his fractured family to celebrate his 75th birthday in the Scottish Highlands.

Rosamund Pike and David Tennant play parents who have separated but don't want their extended family to know. Emilia Jones, Bobby Smalldridge and Harriet Turnbull are standouts as their children; Connolly said they deftly handled dialogue that involved a lot of ad-libbing.

The sweet comedy, which was inspired by the BBC show Outnumbered, opens at Toronto's Cineplex Varsity Cinemas and Vancouver's Cineplex Fifth Avenue Cinemas on Friday.

Connolly's character has an attitude of acceptance and humour about his illness, which also reflects the way the actor feels.

He said he's just as enthusiastic about life as ever, noting he was once asked by a woman if he wanted to join a society supporting the right to die and his response was an emphatic "No" (preceded by an unprintable expletive).

Billy Connolly and Emilia Jones in the upcoming film What We Did on Our Holiday. HANDOUT/ THE CANADIAN PRESS

"You must never give these things an even break, because you certainly find they overwhelm you, and it's all people want to talk about," he said from his home on the Maltese island of Gozo, where he likes to draw.

"You become defined by it. But I've had 45, 50 years without (Parkinson's), so I can get along just fine, thank you very much. And I find it very interesting, especially in my comedy life, because my mind works differently. It works at a different speed and I find it very exciting."

The late comedy star Robin Williams, who was Connolly's good friend, was said to be suffering from the early stages of Parkinson's disease before he committed suicide in 2014.

Connolly said he spoke with Williams shortly before his death and he "knew there was something wrong."

"He kept saying that he loved me and asking if I believed him and I said, 'Of course I believe you. Don't be daft,'" said Connolly.

"My wife's a psychologist and afterward she said, 'I think that was him saying goodbye.'"

Connolly said he met Williams in Canada in the 1970s when they were in the studio at the same time for tapings of the CBC-TV talk show 90 Minutes Live, hosted by Peter Gzowski.

"He's got me going to church, the bugger," said Connolly of Williams.

"Well, I don't go and pray, I go and light a candle for him. And my sister died a couple of weeks ago, so I light two candles.

"It really appeals to me, the flame burning when you leave the building, you know?"

In October, Connolly will take his ad-libbed standup comedy High Horse Tour to Canada.

THE CANADIAN PRESS

"Sometimes I pick people, and I say, 'You, you're my memory tonight.' They love it."

Billy Connolly on ad-libbing while on stage

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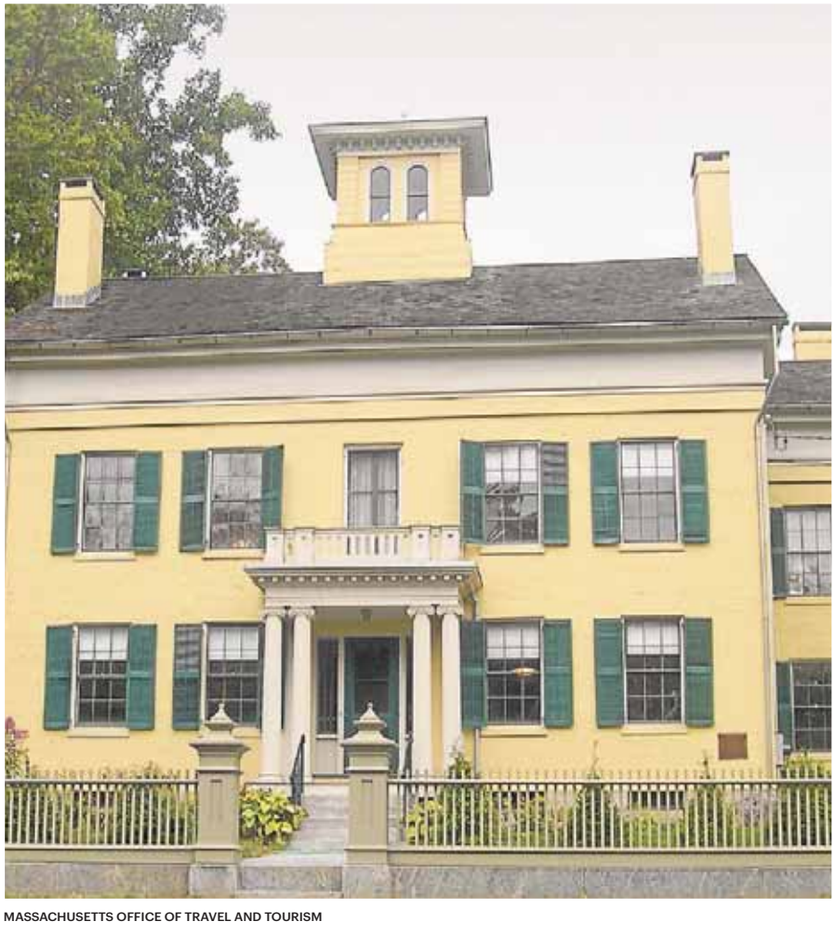
metro TRAVEL
Your essential daily news

Australia is the most popular bucket-list destination: Virtuoso survey

Private poet's life now public

Emily Dickinson was born, and lived a secluded life, in Amherst, Mass. While she rarely travelled beyond the town, her poems had global reach. Now the world comes to Amherst.

Nuala O'Connor/For Metro



MASSACHUSETTS OFFICE OF TRAVEL AND TOURISM

1 The Homestead, 280 Main St.

This yellow mansion, built by Dickinson's grandfather, was the poet's home for most of her life. She was born and died there. Now it is one half of the Emily Dickinson Museum. Visitors can enjoy a tour and stand in the light-filled bedroom where Dickinson wrote and lowered baskets of gingerbread from her window to children below. The museum has a wonderful shop for all things Emily — dolls, books, T-shirts, notecards, posters and fridge magnets.

DADEROT/WIKIMEDIA COMMONS

2 The Evergreens, Main Street

This Italianate villa lies across the garden from The Homestead and is the other half of the Emily Dickinson Museum. This was the home of Dickinson's brother Austin and his wife Susan, Emily's dearest friend. This is a house of atmosphere — it retains its Victorian decor and much of Austin and Sue's paintings and furniture.

FLICKR: MELVIN MASON

4 West Cemetery, Triangle Street

The graveyard where Dickinson is buried is a tree-filled oasis off North Pleasant Street. Here you can see the Amherst History Mural with Dickinson at its heart. Here, too, is the Dickinson family plot, framed by a black wrought-iron fence, where Emily rests with her parents and sister. Brother Austin is buried at Wildwood Cemetery. Fans leave mementoes on and beside Emily's grave, including toys, flowers and handwritten notes.

MASSACHUSETTS OFFICE OF TRAVEL AND TOURISM

3 Jones Library, 43 Amity St.

The library's Emily Dickinson Room houses a large collection of Dickinson-related items, including an eclectic exhibition of Emily-related memorabilia. You can see, among other things, her original calling card, first editions of her posthumously published poetry collections, and a set of cameo buttons that belonged to the poet.

FLICKR: ROBERT GRAY

5 Amherst History Museum, 67 Amity St.

Many people are familiar with Dickinson's white dress, and this lovely museum has it on display in a glass case. The dress, known as a wrapper or house dress, is made of dimity, has handy pockets and a row of mother-of-pearl buttons. (The Emily Dickinson Museum displays a replica of the same dress.)

Nuala O'Connor is the author of historical fiction novel Miss Emily, to be published on Tuesday.

metro SPORTS
Your essential daily news

Milos Raonic is targeting the Rogers Cup as his return from a lingering foot injury

Lions need to prove they are beasts at BC Place

CFL

B.C. opens up at home against Riders on Friday

Cam Tucker
Metro | Vancouver

New coach. A whole crop of new players. New seating configuration.

The B.C. Lions host the Saskatchewan Roughriders on Friday at BC Place Stadium in their 2015 home opener. These two teams have produced an interesting rivalry over the years in the West Division, but heading into Week 3, neither team has won a game this year when it counts.

6

The Riders' two losses were by a combined total of six points

The Roughriders come to town bringing familiar faces with them.

Quarterback Kevin Glenn, who was again brought in to be a backup but again was thrust into starting duties when Darian Durant was injured for the remainder of the season, comes back to Vancouver. As does 45-year-old kicker Paul McCallum, who the Lions controversially jettisoned during training camp in order to go in a younger direction.

On the coaching side, former Lions offensive co-ordinator Jacques Chapdelaine returns with the Roughriders in that same role. Dan Dorazio, in his familiar offensive line coaching job, also returns to BC Place.

The Roughriders risk an 0-3 start to the season. A win would not only prevent that, but could also provide amusing storylines if, say, Glenn or McCallum come back to bite their old team.

For the Lions, there's so much more riding on this game than any personal revenge narrative.

This is about reinstilling belief in a fan base.

Since winning the 2011 Grey Cup, the Lions have been trending downward in their play on the field and their club attendance at BC Place has taken a hit.

This season, the Lions took the steps of closing off the upper bowl, putting the white sails up and moving all fans into the lower bowl unless there is enough of a demand for tickets to open the upper bowl.

Last year, everything that could go wrong did go wrong. Injuries piled up. Penalties piled up. And eventually the Lions were booted out of the CFL playoffs in humiliating fashion, which ushered in major change, highlighted by the hiring of head coach Jeff Tedford.

Lions fullback Rolly Lumbala is tackled by the Redblacks' Antoine Pruneau, left, and Jerrell Gavins in Ottawa on Saturday. ADRIAN WYLD/THE CANADIAN PRESS

Change under Tedford was evident in training camp. There was a quicker tempo to practice and an increased focus on attention to details.

On Friday, the Lions have a chance to show their fans on home turf that change has this organization headed back in the right direction.

On defence, the Lions will be without 11-year defensive back Ryan Phillips (hamstring). Steven Clarke, who joined B.C. as a free agent signing last September, will start in place of Phillips.

MLB IN BRIEF

Samardzija dominates Jays as White Sox win series

Jeff Samardzija had a four-hitter, Melky Cabrera homered and the Chicago White Sox shut out the Toronto Blue Jays 2-0 on Thursday.

Samardzija (6-4) took a no-hitter into the sixth inning for a second straight game. It was his first complete game of the season.

Samardzija, who has been linked to trade rumours involving the Jays, has pitched at least seven innings in seven straight starts, but Thursday was the first time during that stretch he was able to get through the eighth inning.

Chicago won three of four in the series.

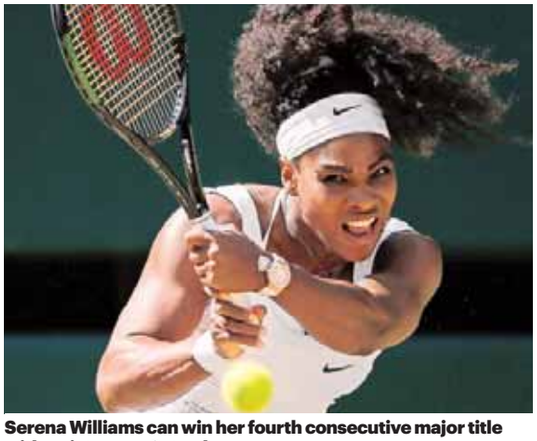
Toronto's R.A. Dickey (3-10) allowed two runs and four hits in seven innings. THE ASSOCIATED PRESS

Cards keep Pirates at bay

Carlos Martinez made his case for inclusion on the National League all-star team Thursday night by pitching 7-1/3 scoreless innings, and the St. Louis Cardinals beat the Pittsburgh Pirates 4-1 in a matchup between the teams with the best records in the major leagues.

Martinez (10-3) scattered four hits while striking out five and walking three. The right-hander is one of the five players contending for the NL team's final vote.

St. Louis (56-31) opened a 5-1/2-game lead on Pittsburgh (50-35) in the NL Central. THE ASSOCIATED PRESS



Serena Williams can win her fourth consecutive major title with a victory on Saturday. ADRIAN DENNIS/AFP/GETTY IMAGES

WIMBLEDON

Serena easily dispatches Sharapova

Her game in high gear, history in the offing, Serena Williams is perfectly content to let everyone else talk about what a victory in the Wimbledon final would mean.

A "Serena Slam" of four consecutive major titles. The third leg of a calendar-year Grand Slam. A 21st major singles trophy, one short of the Open-era record.

For now, the No. 1-seeded Williams is keeping her thoughts to herself, declaring she won't entertain questions about those topics, even after easily dismissing No. 4 Maria Sharapova 6-2, 6-4 in the semifinals at the All England Club on Thursday to close in on the milestones.

"I don't want the pressure of that, and I'm not thinking of that. When you talk about it every time, you can't help but think about it," Williams said. "It's been OK just to free my brain from that."

29

The number of winners Williams had against Sharapova, who managed just nine.

Whatever works. Clearly, Williams is doing plenty right at the moment. Particularly against Sharapova, whom she's beaten 17 times in a row.

Williams hit 13 aces, reaching 123 m.p.h. Fewer than half her serves were put in play. She never faced a break point, and was pushed to deuce just once on her serve.

In sum, Williams made Sharapova look like some sort of middle-of-the-pack wannabe, rather than the five-time major champion, career Grand Slam owner and former No. 1 that she is.

"Nothing to do with Sharapova," said Williams' coach, Patrick Mouratoglou. "She does this to most of the top 10 players. It's true. She's dominating the game for a long time."

On Saturday, with so much at stake, Williams will face No. 20 Garbine Muguruza of Spain, who advanced to her first Grand Slam final by eliminating No. 13 Agnieszka Radwanska of Poland 6-2, 3-6, 6-3. THE ASSOCIATED PRESS

The Cavaliers have come to terms on new contracts with both LeBron James, left, and Kevin Love. MIKE LAWRIE/GETTY IMAGES

NBA

Cavs give LeBron one-year $23m deal

There was no need for a heartfelt letter this summer. LeBron James isn't going anywhere. This decision was easy.

Just shy of the one-year anniversary of his celebrated homecoming, James agreed to terms on a two-year, $47-million contract for next season, two people familiar with the negotiations told the Associated Press on Thursday.

The deal includes a $24-million player option for 2016-17, said the people who spoke on condition of anonymity because James has not yet signed the contract. That will be done soon enough as the four-time MVP has a busy schedule over the next few weeks to promote a new comedy film in which he portrays himself.

Unlike last July 11, when his essay in Sports Illustrated touched Cleveland fans and changed the NBA's landscape, James wasn't the star attraction during this summer's free agency period. DeAndre Jordan and others took care of all the drama as James went on vacation in the Bahamas with close friends Dwyane Wade, Chris Paul and Carmelo Anthony.

James ended any suspense or speculation about his future with Cleveland by saying several times during the past season that he intends to end his career with the Cavs. This is the first time since 2006 that James will re-sign with a team. On two previous occasions as a free agent he left for another team, signing with Miami in 2010 and Cleveland in 2014.

It had been expected that James would wait to see if forward Tristan Thompson, who is also represented by his agent, Rich Paul, would sign before he negotiated with the Cavs. But on the first day teams could sign players, James made his intentions known to the Cavs, who in one season went from a lottery team to Eastern Conference champions with James.

With more experienced players and perhaps a few new ones, there's no reason why the Cavs won't be in the title chase again. James' skills have shown no signs of erosion. The 30-year-old James led the Cavs to the NBA Finals in his first season back. Cleveland lost in six games to Golden State, but through no fault of James.

THE ASSOCIATED PRESS

35.8

James' points-per-game average in the recent NBA Finals

A 'muffin' no more

NHL

Canucks Jared McCann's shot has improved over the years

Cam Tucker
Metro | Vancouver

Muffins are typically soft. Hence why the term for the baked good has made its way into new-age hockey vernacular to describe a weak shot.

An example for how such a quip is used: 'Hey, so-and-so, nice muffin!' Often, this quick little verbal barb immediately follows a soft shot that either doesn't make it to the net or is easily stopped and covered in the padding of the opposing goalie. Tough crowd.

That's how Jared McCann described what used to be his shot, although the turnaround in this fundamental skill came from constant practice and repetition. At the Vancouver Canucks development camp in Shawnigan Lake, B.C., this week, the 2014 first-round pick put on a clinic when it came to shooting the puck.

Accurate? Check.

Heavy? Check.

Quick release? Check.

"It wasn't something that came easy to me. As a kid, I had a muffin, so to speak," he said.

"People just told me I needed to work on it, so every day I went outside and shot 500 pucks. I still do it today. It's something you always need work on. It's not something you can just let go away."

McCann is too young for the American Hockey League. He could be sent back to junior for another season, playing as the top centre for the Sault Ste. Marie Greyhounds, and used on the penalty kill and power play with the chance to put up lofty numbers.

He could also make Canada's national junior team. He was invited to Hockey Canada's summer camp, which begins at the start of next month.

In 2014, with McCann still on the board, the Canucks took the skilled centre at 24th overall. He came to Vancouver for prospect camp last July.

But he was sent home before the start of the Young Stars Tournament in Penticton in September, diagnosed with a bout of mononucleosis.

He didn't get into the Greyhounds lineup until Oct. 8. By the end of the regular season, he had 81 points in just 56 games.

"He was one of those electrifying players," said Smyl.

"One thing we talked about as an organization, you want to have a couple of players within your lineup that can shoot the puck and that can score off the rush. Both him and (Jake Virtanen) have that ability and that's a dangerous thing to have."

Jared McCann was taken 24th overall by the Canucks in last month's NHL draft. JEFF ZELEVANSKY/GETTY IMAGES

RE-SIGNINGS

The Canucks announced Thursday they re-signed defencemen Frank Corrado and Adam Clendening.

Both right-shooting blue liners were both restricted free agents, but tendered qualifying offers by the Canucks before July 1. Both are also eligible for waivers next season.

New Raptors point guard Cory Joseph poses during an introductory press conference in Toronto on Thursday. DARREN CALABRESE/THE CANADIAN PRESS

RAPTORS

Family stressed in pitch to new signees

The Toronto Raptors introduced two new members of their family Thursday with a third on the way.

Forward Demarre Carroll and Canadian guard Cory Joseph were introduced as Toronto's newest free-agent signings, with forward Luis Scola expected to join them shortly. Caroll and Joseph both pointed to the importance of family and home in the Raptors' sales pitch.

"They included my family. Whenever you include someone's family, that's real," said Carroll. "I didn't only have the negotiations with myself, but also with my family. I felt like that was a big part of it. Beyond this basketball, at the end of the day, all you have is family.

"I feel like they took me in as their family and I'm happy to be a part of the Toronto Raptors family."

Joseph, 23, of Pickering, Ont., grew up a Raptors fan and will play for his hometown team.

THE CANADIAN PRESS

IN BRIEF

Yellow jersey cyclist Martin withdraws from tour

The yellow jersey seems to be an unlucky charm at this Tour de France.

Tony Martin started Thursday's sixth stage in the lead and ended it in the hospital after breaking his collarbone in a crash that he caused near the finish line. He became the second race leader to pull out of the race, after Fabian Cancellara fractured two vertebrae in his lower back on Monday.

Zdenek Stybar won the stage. THE ASSOCIATED PRESS

Pospisil withdraws from Canada's Davis Cup tie

Canada won't have its top two singles players for its Davis Cup tie against Belgium.

Tennis Canada announced Thursday that Vancouver's Vasek Pospisil won't play in the Davis Cup match because of a severe bone bruise to his right wrist.

Canada will also be without its top singles player, hard-serving Milos Raonic of Thornhill, Ont., who is recovering from the lingering affects of foot surgery.

THE CANADIAN PRESS

TRAINING GRACE ON WHEELS The United States' Courtney Donovan trains at the roller figure skating venue for the Pan Am Games at Exhibition Centre in Toronto on Wednesday. The event gets underway this weekend.
GREGORY BULL/THE ASSOCIATED PRESS

TOP CONTENDERS

Americans boast lots of Olympians

The U.S. Olympic Committee has announced a 623-member team for the Pan American Games.

That number will be trimmed slightly, however. The preliminary 24-player men's basketball team will be reduced to 12 by July 15. And one male and one female replacement athlete are expected to be named in the coming days for track and field to complete the team.

The U.S. team, which has finished first in total Pan Am medals in all but one appearance, is smaller than Canada's 720-member squad.

"Every four years the Pan American Games afford U.S. athletes the rare opportunity to represent their country in a multi-sport setting outside the Olympic Games," USOC CEO Scott Blackmun said in a statement Monday.

"Some of the most decorated U.S. athletes in their sports will be competing alongside athletes representing the United States for the first time, and I'm confident this group will make our nation proud. The Pan Am Games are especially important for the 10 sports that have direct Olympic qualification on the line, and we are excited to support all our athletes in every way possible."

American swimmer Natalie Coughlin, a winner of 12 Olympic medals, will compete in Toronto. GETTY IMAGES FILE

The U.S. Pan Am squad features 111 Olympians, including 38 Olympic medallists and 20 Olympic champions.
THE CANADIAN PRESS

Canadian BMXers are ready to ride

PAN AM GAMES

Centennial Park in Etobicoke to host races

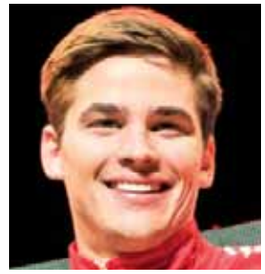
Tory Nyhaug shrugs because it's so obvious. A gold medal at the Pan Am Games would be a premier feather in his cap — rather, in the goggle strap around his full-face helmet.

The 23-year-old out of Coquitlam, B.C. is perhaps Canada's best hope for a podium finish in the BMX event. He won the national title last week — his fifth straight victory — and feels he's primed perform to his highest ability at the newly-built Centennial Park race track in Etobicoke, where the first heats of the event will begin Friday.

"To compete in a major event in Canada is really a once-in-a-lifetime opportunity, so it's going to be exciting," said Nyhaug. At ninth place, he is currently the highest seeded Canadian in the BMX rankings.

"It's not like a typical race where you have to spend every minute trying to figure out the track. We already kind of know the track," he continued. "I'm just going to race the best I can and hopefully at the end I'm in the final and going for a podium."

Nyhaug was among the four racers competing for Canada who were introduced to the media in Toronto on Wednesday. He is the only member to have raced in the Olympics: he rode in London in 2012 but failed to advance to the semi-finals, just weeks after he ruptured his spleen for the second time at a BMX event and had the organ surgically removed. Since then, Nyhaug has cracked the podium on the world cup circuit several times, claiming a career-best silver at the 2014 world championships.



Tory Nyhaug
BERNARD WEIL/TORSTAR NEWS SERVICE

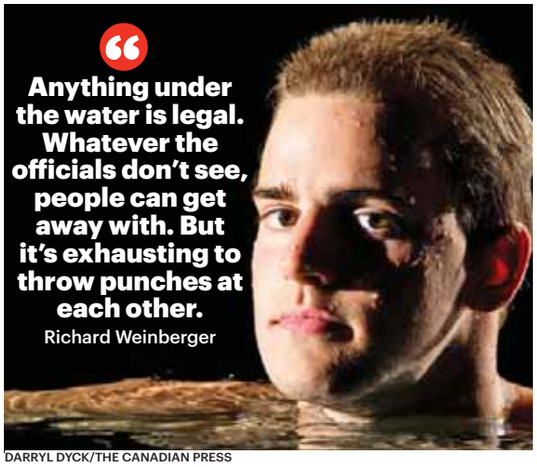
The team includes Jimmy Brown and Daina Tuchscherer, who are both from Airdrie, Alta., as well as Amelia Walsh, who has won three straight Canadian titles and is the highest ranked Canadian woman in the world at 26th.

But the competition will be fierce. Some of the best racers in the sport are suiting up for the Pan Ams, including No. 2-ranked American Connor Fields and Colombia's Mariana Pajon, the top-seeded female BMXer in the world and gold medalist at the London Olympics.

Nyhaug cautioned that, though the Canadians are familiar with the track, their opponents have all week to practise on it and will be ready to go when qualifying time trails start on Friday.

"On race day, it's all going to be equal," he said.
TORSTAR NEWS SERVICE

Tory Nyhaug competed in the men's BMX cycling at the London 2012 Olympic Games.
PHIL WALTER/GETTY IMAGES FILE


"Anything under the water is legal. Whatever the officials don't see, people can get away with. But it's exhausting to throw punches at each other.
Richard Weinberger

DARRYL DYCK/THE CANADIAN PRESS

OPEN-WATER SWIMMING

Pedal to the metal for Weinberger

After yet another marathon training session in his home pool in Vanvcouver, Richard Weinberger slips on an Amon Amarth T-shirt and gets ready to chat.

Olympic medallist, open-water swimmer and Swedish melodic death metal band come together in one sleek surfer dude package.

"I went to the concert with my sister," Weinberger said enthusiastically. "It was pretty awesome."

Viking metal — Amon Amarth comes from the Sindarin name of Mount Doom in The Lord of the Rings — has not always been the music of choice before competition for the mellow 25-year-old. Trance or progressive house used to be his pre-race soundtrack. "Recently I'm into more of a darker metal phase," he explained. "I bounce back and forth."

7

Weinberger is one of seven Canadian defending individual Pan Am champions at the Games.

Weinberger may be cueing up Amon Amarth on Sunday as he looks to defend his Pan American Games title.

Weinberger, who won Olympic bronze in 2012, and his fellow open-water swimmers will race six 1.67-kilometre laps at the Ontario Place west channel. Swimming 10 kilometres in open water might seem like a watery Mount Doom for most. But Weinberger embraces his gruelling discipline. He likes the strategy of the race and just likes to challenge himself.

"It's pretty brutal but you're normally caught up in the race. You have a lot of distractions."

Weinberger says there are mental highs and lows in every race, which are balanced by the hours of training. Then there are the other swimmers. Open-water racing can be a contact sport.

"Anything under the water is legal," he said. "Whatever the officials don't see, people can get away with. But generally you're working on efficiency and strategy. It's very exhausting to throw punches at each other."
THE CANADIAN PRESS

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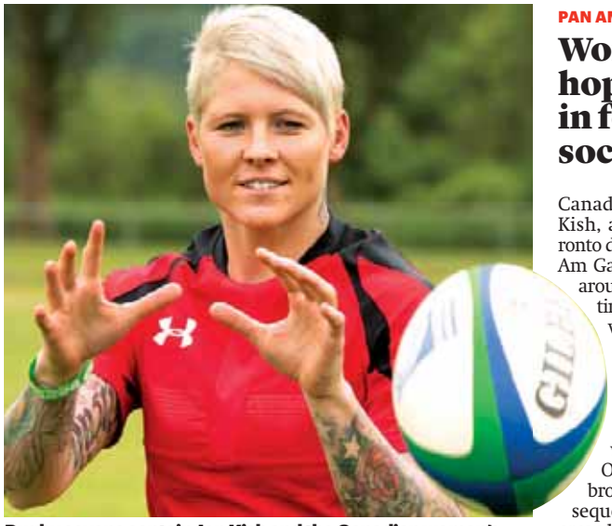
Rugby sevens looking to spark Canadian interest



Rugby sevens captain Jen Kish and the Canadian women's team open up the Pan Am Games tournament against Colombia on Saturday in Toronto. JONATHAN HAYWARD/THE CANADIAN PRESS

PAN AM GAMES

Women's team hope to follow in footsteps of soccer success

Canadian rugby captain Jen Kish, as most athletes in Toronto do, wants to leave the Pan Am Games with a gold medal around her neck. But her entire rugby sevens team also wants to win something far less tangible while they're in Toronto: The support of a nation.

That's what the women's soccer team won at the London Olympics, along with its bronze medal, and, as a consequence, played to packed crowds on home soil at the Women's World Cup.

"To see how the women's soccer team has bloomed from medalling in the last Olympics, it's amazing and we're very envious of that. We always say to each other, 'That's going to be us one day,'" Kish said.

"As rugby continues to build in Canada and people start to learn rugby and get excited about it come Rio, where we have a good potential of medalling, I think the same thing will happen."

This is the debut of women's rugby in any multi-sport Games and, for many Canadians, the first taste of what they could see during the 2016 Rio Olympic tournament. Canada's women have already qualified to play there.

But the very thing that made the sevens game so appealing to the International Olympic Committee — the speed of the game and its short tournaments — doesn't give players much time to develop new fans.

In the Women's World Cup, the Canadians played five soccer matches over three weeks. This weekend at the Pan Am Games, Canada's rugby players will hit the pitch for that many matches in just two days. Then, if all goes well, their sixth match will be Sunday night for the gold medal.

The men's two-day sevens tournament runs alongside the women's matches at Exhibition Stadium, Toronto.

"It's bang for your buck," Kish said of their speedy and action-pack-filled tournament days.

"If you have a short attention span, it's a great sport for you."

Each game is 14 minutes long except for the gold-medal round, when exhausted players are "rewarded" with a 20-minute game.

"It's a fast, exciting game; seven people are covering the pitch and that requires a lot of hard work at a fast pace," Canadian player Ghislaine Landry said. TORSTAR NEWS SERVICE

WHAT TO WATCH

Games take Toronto area

The wait is over.

After years of planning and preparation, the Pan Am Games have landed in Toronto.

FRIDAY

The opening ceremony starts Friday at 5 p.m. at Rogers Centre. A crowd of 45,000 will be wowed by Cirque du Soleil. CBC will broadcast the event.

SATURDAY

The Games' starting pistol sounds Saturday at 5 a.m., with the first medals being awarded in women's 400-metre canoeing. Canada's golden paddler, Adam van Koeverden, will also be hitting the water for the men's kayak sprint.

Canada's men's rugby team starts its gold defence Saturday at 9 a.m, squaring off against Guyana.

SUNDAY

Sunday's marquee is undoubtedly men's soccer, with the Canadian team facing stiff competition from Brazil in Hamilton. The game kicks off at 5:35 p.m.

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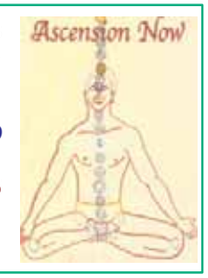

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Prep time: 10
Cook time: 16
Serves 4

Ingredients
- 4 Tbsp all-purpose flour
- 2 Tbsp grated Parmesan cheese
- Salt and pepper
- 1 1/2 lb boneless chicken breast, pounded
- 4 tsp vegetable oil, divided
- 3 cups sliced oyster mushrooms (approx. 8 oz)
- 2 tsp minced garlic
- 1/3 cup white wine
- 2/3 cup chicken stock
- 2/3 cup 2% evaporated milk
- 1 tsp mustard
- 1/4 cup chopped parsley

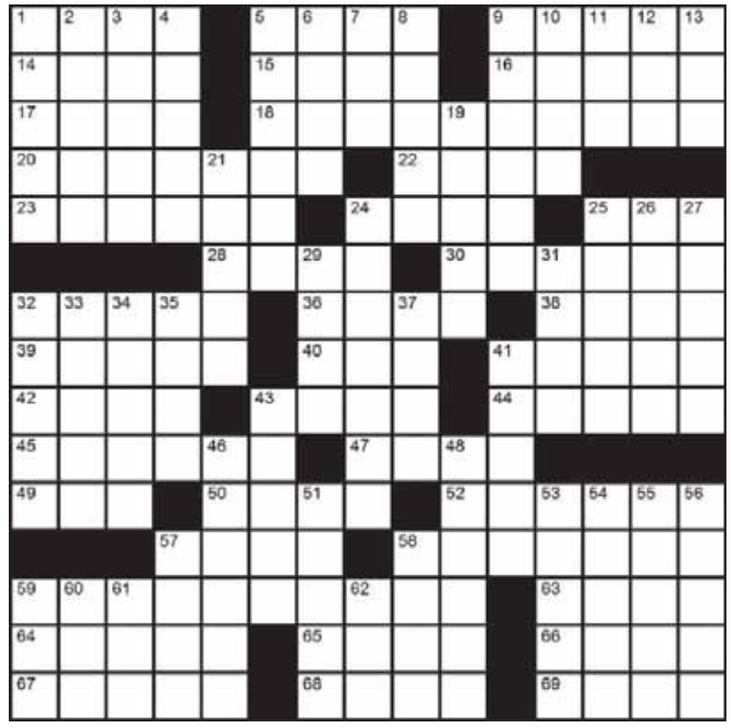
Directions
1. Combine flour, cheese, salt and pepper on plate. Coat chicken on both sides.
2. In a large skillet, add 2 tsp oil and sauté chicken for four minutes, turning once. Remove and set aside. Add remaining 2 tsp oil and sauté mushrooms for five minutes just until cooked and no moisture is left. Add garlic and sauté one minute.
3. Add wine to mushrooms and sauté for one minute or until almost evaporated.
4. In a bowl, combine stock, milk, mustard and flour until combined. Add to skillet with mushrooms, add chicken, cover and simmer on lowest heat for five minutes, turning once or until sauce is slightly thickened. Do not cook on higher heat or milk will curdle. Garnish with parsley.

Nutrition per serving
- Calories 370
- Protein 43.5 g
- Total fat 11.4 g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Relaxed running pace
5. 'Hypn' suffix
9. '80s rockabilly hit: "__ Cat Strut"
14. Reykjavik is its cap.
15. Katy Perry hit
16. Angered
17. Gotchas!
18. 2015: Every-four-years sporting event that's in Toronto this summer: 3 wds.
20. Hoped-for candidate on a matchmaker's list: 2 wds.
22. Goofball
23. Singer/actress Ms. Gomez
24. Ancient queen of Greek mythology
25. Key above Caps Lock
28. Grimm opener...
30. Light up, in verse
32. Montreal __ (Where the Canadiens once played)
36. Nameless [abbr.]
38. "Ah, me."
39. Picture
40. Glamorous getaway
41. Life sign
42. Man on the Moon
43. Convene
44. That is, in Latin: 2 wds.
45. Fire up
47. Blue-green
49. Enunciate
50. Mr. Estrada
52. Understated
57. Slumps
58. Headache pill
59. Magical password!: 2 wds.
63. Three-__ sloth
64. "Dawson's Creek" actress Ms. Holmes
65. Stratford-__-Avon
66. "No Particular Place __ __" by Chuck Berry
67. Conform
68. Formerly, fancily
69. Disgorge

DOWN
1. Mr. Hemsworth's
2. Earth tone
3. "__ Harbor" (2001)
4. Vintage dairy products cow
5. "__ Black" (TV show starring Canadian actress Tatiana Maslany)
6. Perfectly: 2 wds. + letter
7. Mr. Fleming, James Bond creator
8. Pet rocks, for one
9. Indicate
10. Cafeteria carrier
11. Clash
12. Lunched
13. "Okay."
19. Comedian/actor Cheech
21. Pointed-hat garden ornament
24. Nag
25. Tutu textile
26. Accumulate
27. Hassle
29. Pillow's packaging
31. Glorify
32. Done, in Montreal
33. __-3 fatty acids
34. Forecast on an in-need-of-umbrella day
35. Kind of citrus fruit
37. Like Cheerios
41. WWII-era model
43. Unify in the corporate world
46. Silverware service: 2 wds.
48. Acquiesce
51. Debated dispute
53. Ship's mooring posts
54. Soldiers group
55. Vassal
56. Fund
57. Trim
58. Tunestress Tori
59. Quebec-made cheese
60. Launch site
61. Helios' 'H'
62. Calendar abbr.

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Your feelings for a certain individual will reach a peak. However, the planets warn that this may not be the best time to reveal your true intentions — keep them secret just a little while longer.

Taurus April 21 - May 21
Saturn urges you to face up to problems in your most important relationships. You need to bring resentments into the open where they can be dealt with once and for all.

Gemini May 22 - June 21
You must take care of duties and responsibilities that should have been taken care of long ago. You've put them off long enough — now it's time to knuckle down.

Cancer June 22 - July 23
The planets warn you need to be careful who you let into the secrets of your heart. It could be you have a rival for the object of your affections. Don't let them know how you feel.

Leo July 24 - Aug. 23
What happens today will touch you deeply and magnify your feelings — you may not be able to control yourself. If you lose your cool you must make amends as soon as possible.

Virgo Aug. 24 - Sept. 23
Don't let anyone tell you what you should and should not be doing. Cosmic activity urges you to have a good time socially whether or not loved ones or authority figures approve.

Libra Sept. 24 - Oct. 23
No matter how hungry you are for fame and fortune you must not cut corners or take liberties. If you want success to last you must make sure it has strong foundations.

Scorpio Oct. 24 - Nov. 22
If a friend or work colleague proposes that you do something different over the next few days don't dismiss the idea out of hand. You may be a creature of habit but sometimes it is good to go off at a tangent.

Sagittarius Nov. 23 - Dec. 21
The planets suggest you will be somewhat unyielding today. Be warned, however, that if it comes down to a battle of wills you are likely to be the long-term loser.

Capricorn Dec. 22 - Jan. 20
You have many great ideas but before you start working on any of them it might be wise to seek the opinions of people you trust. There may be something small but important that you have missed.

Aquarius Jan. 21 - Feb. 19
You may be tempted to lay down the law with someone who did a poor job or let you down, but is that really the best approach? Find out why they failed. Maybe they need help.

Pisces
Feb. 20 - March 20
Cosmic activity makes you both dynamic and relaxed about life and with a combination like that you are sure to succeed.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

6		8				7		1
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